Saint Francis de Sales Catholic Church

33rd SUNDAY IN ORDINARY TIME NOVEMBER 19, 2023



Parish Staff

Reverend James Gould, Pastor Reverend John Heisler, Parochial Vicar Mr. Larry Hammel, Deacon

Mrs. Amy Harrison, Business Manager Mrs. Leslie Sheldon, Office Manager

Mrs. Diane Taylor, DRE - Director of Religious Education

Mrs. Janice Rees, CRE, Sunday Bulletin, Website

Mrs. Lindsay Glass, Director of Youth Ministry

Mr. Michael Galdo, Director of Music Mrs. Laura Burgess, Sacristan

Mr. Tim McGinn, Facilities Manager

Mr. Jerry Jones, Custodian

Mrs. Maria Alvarenga, Custodian

Mr. Antonio Alvarenga, Custodian

Contact Info

Parish Office - 540-338-6381 office email - I.sheldon@saintfrancisparish.org Religious Education Office - 540-338-4497 RE email - RE@saintfrancisparish.org In case of an emergency - 540-338-6440 37730 St. Francis Court, Purcellville, VA 20132 www.SaintFrancisParish.org

Welcome!

Please register and become part of our parish community. You may fill out a registration form in the parish office during business hours.

Office Hours - M-F 8:30am-4pm (Office closed between 12noon and 1:15pm daily)

Sunday Mass

Saturday Vigil - 5pm Sunday - 7am, 8:30am, 10:30am, 12:15pm, 5:30pm (Mass with contemporary music)

Daily Mass

Monday through Thursday - 6:30am and 8:30am Friday - 6:30am and 12noon Saturday - 9am

Benediction/Adoration

<u>Friday</u> - Adoration is held every Friday following the 12noon Mass through the evening and overnight until Saturday morning before the 9am Mass <u>Wednesday</u> Holy Hour at 7pm

Sacraments

Confessions:

Friday 11am

Saturday 8am and 3:30pm; Wednesday 8pm; One-half hour before Mass on Sunday.

Anytime by appointment. Confessions are held in the Church.

<u>Matrimony</u>: Parish couples planning to be married must make arrangements with the Office at least six months prior to the intended date of marriage.

<u>Baptism</u>: Baptisms are held on Sundays at 1:30pm. Baptism class is the Friday before the 3rd Sunday of the month 7pm. Call the office for details.

<u>Anointing of the Sick</u>: We are privileged to bring Holy Communion and administer the Holy Anointing to the sick and homebound upon request. Please call the office to let us know your needs.

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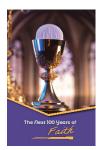
"Well done, my good and faithful servant." - Mt 25:21



Have a Blessed Thanksgiving!

Mass - 10:30am (no 6:30 or 8:30am Mass)

The Administrative and Religious Education Offices will be closed Wednesday thru Friday, November 22-24 in observance of Thanksgiving.



Thank you to all parishioners who have completed and submitted your Commitment Card to the church. For those parishioners who have not yet had the opportunity to submit their card, a letter will be mailed to you with a personalized Commitment Card. Each and every one of you is a vital member of our parish community and we want to hear from you! This is an opportunity to reflect upon and renew your sacrificial commit-

ment to support the mission of Saint Francis de Sales Catholic Church. For those who are able - there is an opportunity to make a one-time gift to the parish. If you have any questions, please contact the church office.

This Week

Sun., Nov. 19	Men's Basketball 8:30, OLVH
Mon., Nov. 20	Adult Study Class 10am, Rm. 113
	Women's Council Business Mtg. 7pm Library
	OCIA 7pm, Room 206
Tue., Nov. 21	Legion of Mary 7pm, Library
	Men's Basketball 8:30, OLVH
Wed., Nov. 22	NO Catholic Biblical School
	Holy Hour for Miraculous Medal 7pm, Church
	NO That Man is You
Fri., Nov. 24	Women's Prayer Group 7am, Chapel
	Adult Study Class 10am, Room 113
Sat., Nov. 25	Compassionate Heart of Mary 10am, Library

Masses for the Week

+ deceased	
Sat., Nov. 18	Weekday
9:00 am	Billy and Beth Ann McRoberts
Sat., Nov. 18	Vigil: 33rd Sunday in Ordinary Time
5:00 pm	Veronica Smith
Sun., Nov. 19	33rd Sunday in Ordinary Time
7:00 am	+ Isaak Iofee
8:30 am	Gina-Marie and Mark Loree
10:30 am	Faye Elizabeth Sylvester
12:15 pm	People of the Parish
5:30 pm	+ Valerie Marazita
Mon., Nov. 20	Weekday
6:30 am	+ Eduard Baronian
8:30 am	+ Damian Jon Geminder
<u>Tue., Nov. 21</u>	The Presentation of the Blessed
	Virgin Mary
6:30 am	Janet Harrison
8:30 am	+ Mercy Zignago
<u>Wed., Nov. 22</u>	Saint Cecelia
6:30 am	+ Barbara Maria Judowa
8:30 am	Mary Ann Parkinson
<u>Thu., Nov. 23</u>	Weekday
10:30 am	Maralan O'Neil
<u>Fri, Nov. 24</u>	Saint Andrew Dung-Lac & Companions
6:30 am	The Corcoran Family
12:00 noon	+ Jerome Miles
<u>Sat., Nov. 25</u>	Weekday
9:00 am	The Crook Family
<u>Sat., Nov. 25</u>	Vigil: Christ the King Sunday
5:00 pm	+ Mary Breiding
<u>Sun., Nov. 26</u>	Christ the King Sunday
7:00 am	+ Mercy Zignago
8:30 am	+ Mr. and Mrs. Joseph M. Oliveri
10:30 am	Carmela Coroteo
12:15 pm	Sandra Pultro
5:30 pm	People of the Parish

Weekly Collection

In-Pew collection 11/11 & 11/12: 1st collection: \$ 7,791

2nd collection (Retirement Fund for Religious): \$ 2,184 Next week's 2nd collection (November 25/26):

Debt Reduction

Readings for the Week

Sun: Prv 31:10-13, 19-20, 30-31/Ps 128:1-2, 3, 4-5 (see 1a)/1 Thes 5:1-6/ Mt 25:14-30 or 25:14-15, 19-21 1 Mc 1:10-15, 41-43, 54-57, 62-63/Ps 119:53, Mon: 61, 134, 150, 155, 158/Lk 18:35-43 Tue: 2 Mc 6:18-31/Ps 3:2-3, 4-5, 6-7/Lk 19:1-10 2 Mc 7:1, 20-31/Ps 17:1bcd, 5-6, 8b and 15 Wed: /Lk 19:11-28 Thu: 1 Mc 2:15-29/Ps 50:1b-2, 5-6, 14-15/Lk 19:41-44 1 Mc 4:36-37, 52-59/1 Chr 29:10bcd, 11abc, Fri: 11d-12a, 12bcd/Lk 19:45-48

Sat: 1 Mc 6:1-13/Ps 9:2-3, 4 and 6, 16 and 19/Lk

20:27-4

Dear Folks,

God bless one and all in the coming Thanksgiving Holiday. May it be happy, healthy, and holy for the many family gatherings. Mass will be offered at 10:30am on Thanksgiving. Let us all join together in prayers of Thanksgiving for the country we live in and the joy of being Catholic in these challenging times. Sometimes we forget the



times that brought about the celebration of Thanksgiving were indeed challenging.

Please know that I will be away on a pilgrimage to Italy next week, following the Sunday after Thanksgiving and will be gone for ten days. We will have some wonderful priests offering Mass during my absence. Fr. Heisler will have the duty while I am gone... please be nice to him. Ha! Ha! Just kidding. Ten days is a long time.

As I return on December 5th, after the First Sunday of Advent, the parish will start the evening Confessions on December 6,th at 7pm, and will continue until Christmas Eve. This applies to the days of Monday, Tuesday, Thursday, and Friday. The confessions on Wednesdays will take place at 8pm, after the 7pm Holy Hour. The current weekend schedule of Confessions will continue.

Advent is a penitential season, offering a reminder of our focus on prayer, penance, and devotion to the saints while enhancing our devotion to the Eucharist. Violet is the color of the season as it stands for preparation by prayer and penance. Please join us for Mass during the weekdays as well as Sundays. I encourage the children to bring their parents to Confession... Isn't that always the way?

Let us all please pray for the Holy Father. God bless him as he is enveloped in interesting times.

There is a bishop in Belgium. Bishop Johan Bonny of Antwerp made a distinction between killing people who were old and suffering from an incurable illness and those who were young. Unfortunately, the same country, in 2014, allowed Euthansia for the young up until the age of twelve... with parents permission.

There is a bishop in Germany allowing his priest to bless homosexual/transexual unions (marriage?). Bishop Karl-Heinz Wiesemann said, "That's why I campaigned for a reassessment of homosexuality in Church teaching in the synodal way and also voted for the possibility of blessing ceremonies for same-sex couples. I stand by that. "

Other bishops, such at Cardinal of San Diego allowed for the Catholics in second marriages, without annulment, to present themselves for the reception of Holy Communion.

On the positive side: Let there be no confusion on the issue of transexuals and surgical transformations. The American Bishops offered a recent statement against Transexual transformational surgeries. Very little attention has been giving to that statement. Here it is for your review... www.usccb.org/resources/Doctrinal%20Note%202023-03-20.pdf.

"Catholic healthcare services must not perform interventions, whether surgical or chemical, that aim to transform

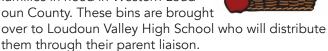
the sexual characteristics of a human body into those of the opposite sex or take part in the development of such procedures."

Apart from the Catholic Church there seems to be a legal cottage industry rising for those who regret their transformal surgeries. They can be found on a simple Google search. God help the generation with live in. Let us pray for one another.

Collegiate Question. In honor of Alicia Meng, what is the origin of the phrase, "Home James."

Thanksgiving Baskets

The Religious Education and CHRSM families together are collecting food for Thanksgiving baskets that will be distributed to families in need in Western Loudoun County. These bins are brought



We would like to respond to the needs of our parish family as well. If you would like to pick up a basket from the church for your family or for someone you know, please email j.rees@saintfrancisparish.org by Monday afternoon and we will reserve one for you. Happy Thanksgiving!

Our thoughts and prayers are with ...

Our Military Members: SGT Peter Audi, PFC Stephen G. Beard, 2nd LT Aleksandr Bissell (USMC), MA Andrew Cahan, USAF Mary Elizabeth Castaneda, SGT Ernesto G. Castro, LCpl Paul Cotter, LT Scott Cypher, CPT Ryan Patrick Godfrey, 2LT Alexandra Goodnow (Army), Captain Ryan Patrick Grady, 2LT Patrick Gutierrez, PO2 Robin Hunt (Navy), Christopher Largent (Army), CPT Jamie (Jovene) Liddle, SSG Joshua Jovene, PFC Joseph Jovene, CPT Vincent Jovene, USAF Mary Catherine Kuegler, CPT Rachel (Jovene) Malletts, MAJ Chuck Marshall, SSG Tim Marshall, Blaise Mason (Army), Sam A. Mason (Army), 1st LT Caleb Magowan (Army), PFC Brian McWilliams (Army), SPC Kenneth Kyle McWilliams (Army Reserve National Guard), CPT Ross Mentzer, Kyle Minogue (Air Force), Marine Nate Nelms, Kristin Ober (Air Force), Marine Anthony Oliverio, 2LT Jonathan Owen (Air Force), Lcpl John Owen Patterson, PFC Jorge Pedroza, Gy Sgt Jose O. Ruiz Pedroza, Army John Pileulsley, CPT Brendan Printup (Army), Joe Pultro, CWO Jason Runner (Navy), 1LT Matthew Ryan, LT Michael Tappe, LCpl Frankie Thyson, Shahin Uddin (Army), SSgt Marnie Wickman (Air Force), A1C Joshua Wilk, 1LT Jared Willard, Col. Theodore White (Army), Andrew Yevoli (Air Force) The Sick: Dominic Corcoran, Mike O'Brien, Sarah Nolan, Liz Keller; Joanne Harrington, Charles Williams, Patricia Naomi Alvarenga, Joe Graber, Christina Huth, Candace Daly, Melissa Jewel, Peggy Johnson, Frederick Campos, Grace Costello, Daniel Ramirez, Cynthia Ramirez, Silvia Vizcarra, Olga Howard, Diane Shirley, Richard King, Patrick Whipp, Barney Smith, Corinne McHugh, Pam Austrich B.J. Szemborski, Bobby Decker, Alexander McMinn, Maureen Sengpiehl, Jerry Franks, Anthony Gianino

The Deceased: Mary Kay Madigan Ledue, Joan Jasinski, Heather Miles, Salome Torrijos, Jack Burden, James Lippert, Jack Spisak, Rose Lippert. Rodney Huth, Elaine Marshall, William Stark, Kevin Malone, Betsyanne Black, Roberto Costantino, John Sharockman, Camille Munday, Larry Small, Martin Hamberger, William Maykrantz, Evelyn Lloyd, John Protopappas, Gabriel Holz

St. Francis de Sales Religious Education

Dear Parents,

Thank you for the many donations of the food items for the Thanksgiving baskets! We will continue to collect items until November 20.

Students in the RE program grades 3-8 will have an opportunity to go to confession during class starting November 19 through January 8. Although our catechist will review the steps to making a good confession during class, it will be helpful if parents could also reinforce the process at home. Pamphlets are available in the Narthex.

Confirmation II students! Please join us on a TRIP to the National Shrine of Elizabeth Ann Seton and the National Shrine Grotto of Our Lady of Lourdes in Emmitsburg, Maryland on Saturday, December 9.

Information and permission forms were handed out in class. Please turn in the YELLOW permission form asap! Father Gould will be celebrating Mass @ 9:30 am at the Seton Basilica. We will have a tour of the Seton Shrine and then visit the National Shrine Grotto of Our Lady of Lourdes. Families are welcome to join.

Arrival and Dismissal Reminder: Please be alert in the parking lots and driveway, especially in the evenings.

"Commit your work to the Lord, and your plans will be established." Proverbs 16:3

Religious Education Calendar

WEEK OF NOVEMBER 19

Sunday Pre-K - 8th Grades -9-10:15am

<u>RCIT</u> - 11-1:15pm

9th - 12th Grades (Fr. Gould) - 4-5pm 11th-12th Grades (Fr. Heisler) - 4-5pm

Monday K - 8th Grades 5-6:15pm

Catholicism 101 Adult Class - 5-6:15pm

Wed NO CLASSES

WEEK OF NOVEMBER 26

Sunday NO CLASSES

Monday K - 8th Grades 5-6:15pm

Catholicism 101 Adult Class - 5-6:15pm

Wed <u>Pre-K-5th</u> - 3:30-4:45pm



Lindsay Glass Director of Youth Ministry 540-338-6381 Lglass@saintfrancisparish.org

High School

SUNDAY YOUTH NIGHT

ALL high schoolers are invited to Youth Nights most Sundays from 6:30-8:00pm in room 213. Deepen your relationship with God, learn more about Jesus, and grow your desire for life-long discipleship with Him. Newcomers and friends are always welcome! Our next Youth Night is November 19th.

WREATHS ACROSS AMERICA

Youth Ministry is teaming up with the American Heritage Girls to honor our veterans through wreath sponsorships. Invite family, neighbors, and friends to sponsor a wreath (\$17) to be placed on veteran's grave at Antietam National Cemetery this December 16th, National Wreaths Across America Day. Sponsorship deadline is **November 28th**.





COMMUNICATION

High schoolers and parents, go to https://remind.com/join/a4d636 or text @a4d636 to 81010 to receive text reminders and event updates

Middle School



Sunday, November 19th 6:30-8pm in the gym

"Gratitude"

We'll make gratitude journals and learn how to use them! &

"Sweats for Vets" Collection

Bring a matching pair of sweats (XL/zip-up) to donate to the Martinsburg VA Hospital.

We'll write tags and thank you notes to our veterans!

Play games and enjoy dinner!

Spread the word and bring a friend!



This week on FORMED: St. Clement of Rome Ode to Saint Cecilia

Our parish has a FORMED subscription. Visit <u>formed.org/signup</u> and select our parish. Download the FORMED app to your phone.

St. Francis Council 11136 News

DAILY PRAYER WORKOUT. The Knights have "Daily Prayer Workout" cards available for SFDS families. Father Stephen Schultz, the chaplain at Paul VI High School and pastoral leader of the Diocesan enCourgage parent support group, created the workout cards for students and parents on their journey toward God. Tragically, Father Schultz suffered a massive stroke on 10/2/2023 and is on a long path for healing and recovery. His family has asked for our prayers so please dedicate your "Daily Prayer Workout" for the healing of Father Schultz.

Interested in becoming a Knight? All Catholic men 18 years of age or older are eligible to become a Knight, and it is easier than ever to submit an application for membership - go to kofc.org/join and with just a few entries you will be a member of the Knights of Columbus!

Richard Vale, Grand Knight St. Francis Council #11136. <u>Knights11136@gmail.com</u> <u>www.kofc11136.org</u>

Military Tribute and Prayers

Please help us expand our Saint Francis de Sales parish tribute to our military by sending us your prayer requests for active military members – send in name and branch of service.

In addition, we are so blessed with many military veterans at SFDS and we want to honor them as well — send us your name and branch to Team McRoberts at BMcRoberts13@gmail.com or text to 703.727.9613.

Advent Evening of Reflection

Wednesday, December 6th at 7pm Christ the Redeemer – Atonement Hall for a beautiful evening as Fr. laffe helps us

Join us for a beautiful evening as Fr. Jaffe helps us to prepare for Jesus' coming! Talks will center on finding Jesus in our lives and in the Eucharist, and how to better center our lives around our Lord. This event is for Men & Women

Adoration and Confessions will be available in the Church starting at 6:30pm.

Please RSVP for this Event by replying to: thelittleway1873@gmail.com

SIGN UP FOR THE DIOCESAN E-NEWSLETTER

Receive special video messages from our bishop, learn about unique opportunities to get involved, and be the first to know the news about our Diocese - straight to your inbox. Sign up here: arlingtondiocese.org/email.

Altar Flower Dedication



The Knights of Columbus dedicate the Altar Flowers throughout the month of November to St. Francis de Sales parish and its parishioners

COATS FOR KIDS DRIVE

Your Knights of Columbus Council's "Coats for Kids" drive is underway and will complete on January 12th, 2024. The Council has been advised that this year the LCPS has seen an increase of families asking for assistance with obtaining coats from the school parent liaisons. There are four main ways to donate:

- 1. Place any new or cleaned gently used coats in the donation box in the Narthex,
- 2. Purchase a box of 12 Adult / Teen sized coats for \$304.24 via check,
- 3. Purchase a box of 12 Children sized coats for \$247.38 via check, and/or
- 4. Make a donation of any amount via check. For methods 2 4 above make the check payable to Knights of Columbus Council 11136 with "Coats for Kids" in the memo line. Place the check in the Knights Box in the hallway or drop it off in the Parish Office.



The Knights of Columbus will be selling religiousthemed Christmas cards in the narthex after masses on the weekend before and after Thanksgiving. Buy early for best selection. Cash or check only, please.

Help American Heritage Girls VA0962 and SFDS Youth Ministry honor local heroes!

Sponsor a wreath to be placed on a veteran's grave this December at Antietam National Cemetery.

Scan the QR code to make a donation online or visit

www.wreathsacrossamerica.org/VA0107P







Come lay wreaths with us at Antietam National Cemetery on December 16th. Details to come.

Homeless Ministry

"When you hold a lunch or a dinner, do not invite your friends or your brothers or your relatives or your wealthy



neighbors, in case they may invite you back and you have repayment. Rather, when you hold a banquet, invite the poor, the crippled, the lame, the blind; blessed indeed will you be because of their inability to repay you. For you will be repaid at the resurrection of the righteous." (Luke 14:12)

The homeless ministry is thankful for all the volunteers who have given time and talent to help the hungry and homeless.

Who we serve:

- Missionary Sisters of Charity in Anacostia Serve between 60 and 100 meals.
 - o We prepare and serve meals every 2nd Saturday of the month. All donated items are due to Knights Hall the preceding Thursday by 2pm.
 - o Items due, December 7th; meal delivered and served, December 9th.
- Loudoun Homeless Shelter Serve between 40 and 80 meals.
 - o We prepare and serve meals every 4th Thursday of the month. All items are due to the Knights Hall the preceding Wednes day by 5pm.
 - No delivery in November! Other area churches want to help out for Thanksgiving.
 - Christmas Party December! Many volunteers are needed. Watch emails for details!

Join us in works of charity by signing up to purchase items, prepare the main dish, bake cookies and cakes, or to transport meals and supplies.

Contact one of us, and we will direct you to the Signup Genius lists:

- Fran Beebe <u>franbeebe7@gmail.com</u>
- Carie Losinski: skigators@me.com

Holy Father Prayer Intentions for November

For the Pope

We pray for the Holy Father; as he fulfills his mission, may he continue to accompany the flock entrusted to him, with the help of the Holy Spirit.

Women's Council Corner

"For you were once darkness, but now you are light in the Lord. Live as children of light, for light produces every kind of goodness and righteousness and truth." Ephesians 5:8-9

Next Planning Meeting - Monday, November 20th 6:30pm Rosary in the Chapel I 7pm Meeting in the Library

All women are invited to our business meeting where we plan our spectacular socials & special events and discuss current news. We welcome your ideas.



Next Social Event - Sip Dip N' Paint Monday, December 4th, 10am and 7pm

Our Lady of Victory Hall
Join us for a painting class with our own talented
Diane Waller! Bring a dip to share and we'll provide the drinks to sip! We are offering two class
times, but space is limited; signup information is
available on the website saintfrancisparish.org/wc-special-events/ The \$15 fee will be accepted as

cash, check, or credit card.

Please check our website for more details on each event. Also visit our website for a list of useful spiritual references. saintfrancisparish.org/womens-council

New to the parish or not getting our emails? Email us at womenscouncil.sfds@gmail.com to be added to our directory.



THE MINISTRY OF PRAISE

St. Francis de Sales' group of dedicated people of prayer, is on its third decade of service. The Ministry of Praise is a Spiritual Ministry in which prayer, joys and suffering are offered to God for the salvation of souls. Membership includes the sick, the handicapped, the homebound and senior citizens. We are currently inviting anyone interested in joining our team of pray-ers to contact Leslie Sheldon at the parish office Lisheldon@saintfrancisparish.org (please designate Ministry of Praise on e-mail). Those who wish to have concerns prayed for may write their prayers and slip them into the Ministry of Praise box attached to the wall in the Narthex. You can also send the request on-line. Visit our webpage at www.saintfrancisparish.org/prayer-requests/ to fill out the form.



Pilgrim Virgin Traveling Statue

We offer Pilgrim Virgin visitations to our parishioners for a weeklong visit. The primary purpose of the Pilgrim Virgin Statue home family visitation is to aid families in responding to the requests made by the Blessed Mary during her apparitions at Fatima. The essence of her request is threefold: Return to God, Make reparation for sins, and to pray the rosary for Peace. Pick up the statue in the narthex after 9am Mass on Saturday and return in the following Satur-

day before the 9am Mass for the next person to host our Blessed Mother. Great blessings will come along your way when you invite Our Lady and pray the rosary in your home. She will not be outdone in generosity! Visit www.signupgenius.com/go/4090A4CABAA2BA7FB6-pilgrim1#/ or contact j.rees@saintfrancis parish.org to sign up for your week.



Compassionate Heart of Mary

Bereavement Support Group Saturday, November 25 @ 10am in the Library

If you are grieving a spouse, family member, or friend, whether recently or some time ago, or you know someone who is grieving, please call us for more info, Laura Burgess at 703-727-7117.

Pastoral Resources for Those Suffering After Miscarriage, Infertility & Infant Loss

For those who are suffering the cross of infertility and miscarriage, you are not alone. Visit the diocesan website for a list of resources to support you and your family during your most difficult days. www.arlingtondiocese.org/find-support/miscarriage-and-infant-loss/

Church App at your Fingertips

St. Francis de Sales has an App! You can easily find upcoming events, the most recent bulletins, Mass & confession times and more. You can even add the events to your own calendar so you don't miss another important meeting. Download our easily found app on your phone, and please give us feedback so that we can make parish life easily accessible for you. Scan to access the app in the app store or simply search for St. Francis de Sales.





Looking for a way to help support Women who Choose Life?

Birthright of Loudoun, a crisis pregnancy center in Leesburg, maintains an Amazon Gift Registry with a wish list of reasonably priced items most wanted by new moms in need. Access the registry at www.amazon.com/registries/custom/JIJ2X48CEMTI/guest-view or by going to Amazon.com, "Find a Gift", "Custom Gift List" and entering "Birthright of Loudoun". If you prefer, cash donations can be sent to:

Birthright of Loudoun,16 Royal St, SE, Leesburg, VA 20175





COUNSELING OFFERED AT SFDS

Jennifer Barry, LCSW from Catholic Charities' Family Services will take appointments offering Individual, Family or Couples Counseling. Jennifer is a licensed clinical social worker who received her Master of Social Work (MSW) from the Catholic University of America. Jennifer can be reached for teletherapy or for a free consultation. If you are interested in scheduling a consultation, please contact her at 703-454-1004.

Give a Gift for Life

Please give a Gift for Life this season to help Gabriel Project financially support a mother's maternity care. An expectant mother in need wrote: "I did not know how I was going to bring this child into the world, but now I feel at peace and am so grateful for your support and the support of my 'Angel'. Thank you so much for your kindness to me and my family." For more information and/or to donate: www.arlingtondiocese.org/giftforlife

Project Rachel Post Abortion Healing Ministry: 888-456-HOPE or visit: www.helpafterabortion.org.

Gabriel Project Pregnancy Assistance Ministry: 866-444-3553 or info@helpfor pregnantwomen.org