Saint Francis de Sales Catholic Church

12th SUNDAY IN ORDINARY TIME JUNE 25, 2023



Parish Staff

Reverend James Gould, Pastor Reverend John Heisler, Parochial Vicar

Mr. Larry Hammel, Deacon

Mrs. Amy Harrison, Business Manager

Mrs. Leslie Sheldon, Office Manager

Mrs. Diane Taylor, DRE - Director of Religious Ed

Mrs. Janice Rees, CRE, Sunday Bulletin, Website

Mrs. Lindsay Glass, Director of Youth Ministry

Mr. Michael Galdo, Director of Music

Mrs. Laura Burgess, Sacristan

Mr. Tim McGinn, Facilities Manager

Mr. Jerry Jones, Custodian

Mrs. Maria Alvarenga, Custodian

Mr. Antonio Alvarenga, Custodian

Contact Info

Parish Office - 540-338-6381 office email - I.sheldon@saintfrancisparish.org Religious Education Office - 540-338-4497 RE email - RE@saintfrancisparish.org In case of an emergency - 540-338-6440 37730 St. Francis Court, Purcellville, VA 20132 www.SaintFrancisParish.org

Welcome!

Please register and become part of our parish community. You may fill out a registration form in the parish office during business hours.

Office Hours - M-F 8:30am-4pm (Office closed between 12noon and 1:15pm daily)

Moving? If you are leaving the parish, please let us know by calling or dropping a note.

Sunday Mass

Saturday Vigil - 5pm Sunday - 7am, 8:30am, 10:30am, 12:15pm, 5:30pm (Mass with contemporary music)

Daily Mass

Monday through Thursday - 6:30am and 8:30am Friday - 6:30am and 12noon Saturday - 9am

Benediction/Adoration

<u>Friday</u> - Adoration is held every Friday following the 12noon Mass through the evening and overnight until Saturday morning before the 9am Mass <u>Wednesday</u> Holy Hour at 7pm

Sacraments

Confessions:

Friday 11am

Saturday 8am and 3:30pm; Wednesday 8pm;

One-half hour before Mass on Sunday.

Anytime by appointment. Confessions are held in the Church.

<u>Matrimony</u>: Parish couples planning to be married must make arrangements with the Office at least six months prior to the intended date of marriage.

<u>Baptism</u>: Baptisms are held on Sundays at 1:30pm. Baptism class is the Friday before the 3rd Sunday of the month 7pm. Call the office for details.

<u>Anointing of the Sick</u>: We are privileged to bring Holy Communion and administer the Holy Anointing to the sick and homebound upon request. Please call the office to let us know your needs.

12TH SUNDAY IN ORDINARY TIME June 25, 2023

"Do not be afraid; you are worth more than many sparrows." - Mt 10:31

Summer Series on the Patio

Please join us on the patio this summer from 7-9 pm for talks with Father John Heisler

June 27 - Devotion to the Sacred Heart of Jesus

July 11 - Our Universal Call to Holiness (Vatican II)

July 18 - Living Liturgically

July 25 – The fruits of Lectio Divina Prayer

August 1 – "A cup of understanding, a barrel of love, and an ocean of patience" Teachings of St. Francis de Sales

August 8 – **St Elizabeth of the Trinity** – lessons from a new saint

August 15 – Location TBD - "Our Life, Our Sweetness, and Our Hope" Relationship with the Blessed Mother

Come meet and talk with our seminarian, John Fimmuchime MONDAYS from 7-8 pm

Room 107 in the Religious Education Building

June 26 – Introduction to the Acts of the Apostles

July 17- Various themes of the Acts of the Apostles

July 24- The Acts of the Apostles - The Church and Sacraments

July 31- The Acts of the Apostles - Christianity Today

Gift Shop open on Sunday, June 25 after the 8:30, 10:30, and 12:15 masses.

Purchase a little something for a friend, or buy something for yourself.

Come see what we sell!

This Week

Sun., June 25
Men's Basketball 8:30pm OLVH
Women's Council Business Mtg. 7pm, library
Men's Basketball 8:30pm OLVH
Wed., June 27
Men's Basketball 8:30pm OLVH
Dinner for Moms 6:30pm, patio
Holy Hour for Miraculous Medal 7pm, Church
Fri., June 30
Men's Prayer Group 7am, Chapel

Masses for the Week

+ deceased

The Nativity of Saint John the Baptist
Jeremy and Sarah Jones
Vigil: 12th Sunday in Ordinary Time
+ Robert and Marilyn Cote
12th Sunday in Ordinary Time
John Corcoran
+ Alisa J. Acham
People of the Parish
Junior Altar Women's Society
+ Emilio and Lily Espinosa
Weekday
+ Corky Corcoran
Michael and Lee Shields
Weekday
+ Mike Scanlon
+ Mary Ellen and Rick Seabolt
Saint Irenaeus
+ Gail Stalcup Varley
Lina Cahan and family
Saints Peter and Paul
Rev. Charles Wilton
+ Anthony and Connie Taffuri
Weekday
+ Rev. Jerome Daly
Rev. James Gould
Weekday
+ Rev. Jerome Daly
Vigil: 13th Sunday in Ordinary Time
+ Walter Shearrow, Sr.
13th Sunday in Ordinary Time
Eve Veronica Sylvester
+ Deceased members of the John and
+ Doris Szabo
People of the Parish
+ Travis Beckner

Readings for the Week

Sun:	Jer 20:10-13/Ps 69:8-10, 14, 17, 33-35 (14c)/
	Rom 5:12-15/Mt 10:26-33
Mon:	Gn 12:1-9/Ps 33:12-13, 18-19, 20 and 22/Mt
	7:1-5
Tue:	Gn 13:2, 5-18/Ps 15:2-3a, 3bc-4ab, 5/Mt 7:6,
	12-14a
Wed:	Gn 15:1-12, 17-18/105:1-2, 3-4, 6-7, 8-9/Mt
	7:15-20
Thu:	Vigil: Acts 3:1-10/Ps 19:2-3, 4-5/Gal 1:11-20/
	Jn 21:15-19 Day: Acts 12:1-11/Ps 34:2-3, 4-5,

6-7, 8-9/2 Tm 4:6-8, 17-18/Mt 16:13-19

Gn 17:1, 9-10, 15-22/Ps 128:1-2, 3, 4-5/Mt 8:1-4

Gn 18:1-15/Lk 1:46-47, 48-49, 50 and 53, 54-

Fri:

Sat:

55/Mt 8:5-1

Dear Folks,

Allow a short letter as I am away delivering a retreat to the alumni of Mt. St. Mary's Seminary in Emmitsburg, MD. No, it is not a full chapel where the good priests are falling out of the choir loft. Thirty-six wonderful priests from across the country have come together for the annual retreat. The rector, Msgr. Andrew Baker, has of-



fered a wonderful setting for the priests alumni. Many of the retreatants are my age and many younger. In all cases I am greatly encouraged. God bless them all.

Let us prepare for the coming holidays of the Fourth of July just two weeks away. A wonderful holiday to consider the blessings of our country and people who have come in steerage and joined in creating a great land. Let us remember a daily prayer for the young ones serving in the military, often near the gates of Hell. Let the angels watch over them and protect them as they serve to protect us.

Let us also pray for vocations from our parish. Let the young answer the Lord's call and may the image of their families go with them. In listening to the priests this week who serve in other dioceses, I have heard the stories where one priest may run two...or three parishes, all the while watching parishes close down and are joined with other parishes. Such dynamics are not new in the life of the Church and have enfolded no less than five times in days of Peter and Paul in their missions to the world. Let us pray for our young ones and let us pray for one another.

Coming soon ... details of our pilgrimage to Italy, leaving late November for one week, visiting Rome and Assisi and maybe Siena and Florence. Our tour company, JMJ Tours, is busy making the best flight and accommodation arrangements with the airlines and hotels. We will post as soon as we get the details. Please join me!!

Our thoughts and prayers are with ...

The Names of The Deceased will be remain until the first anniversary of their death. Thereafter the deceased will be remembered on the first Sunday of the monthly anniversary of their death in a special column.

Names of The Sick are included only at the request of the individual or family. If you would like to publish the name of a loved one who is sick, contact j.rees@saintfrancisparish.org. Please email when you would like the name to come off the list.

Our Military Members Please let us know if there are names of active military members to add to our list, or any changes to military rank. Contact Team McRoberts at bmcroberts13@gmail.com

Welcome to the Family! The following new parishioners were baptized during the month of May



Mary Josephine

daughter of Brendan and Meghan Bartlett

Charlotte Olivia

daughter of Christopher and Masha Marques

Monica Catherine

daughter of Noah and Melina De La Hunt

Hailey Mae

daughter of Harrison and Linda Collins

Ronald Dean

son of Ronald and Sara Bonjean

Zoe Jane

daughter of Jason and Deidre Zimon

Jackson Peter

son of Paul and Kristin Szczenski

Aurora Fave

daughter of Hannah Lessard

Our thoughts and prayers are with ...

Our Military Members: SGT Peter Audi, PFC Stephen G. Beard, 2nd LT Aleksandr Bissell, MAJ Andrew Cahan, USAF Mary Elizabeth Castaneda, SGT Ernesto G. Castro, LCpl Paul Cotter, LT Scott Cypher, CPT Ryan Patrick Godfrey, 2LT Alexandra Good now, Captain Ryan Patrick Grady, 2LT Patrick Gutierrez, PO2 Robin Hunt, Christopher Largent, CPT Jamie (Jovene) Liddle, SSG Joshua Jovene, PFC Joseph Jovene, CPT Vincent Jovene, USAF Mary Catherine Kuegler, CPT Rachel (Jovene) Malletts, MAJ Chuck Marshall, SSG Tim Marshall, Blaise Mason, Sam A. Mason, PV2 Brian McWilliams, 1st LT Caleb Magowan, Kenneth Kyle McWilliams, CPT Ross Mentzer, Kyle Minogue, Marine Nate Nelms, Kristin Ober, Marine Anthony Oliverio, Lcpl John Owen Patterson, PFC Jorge Pedroza, Gy Sgt Jose O. Ruiz Pedroza, John Pileulsley, Joe Pultro, CWO Jason Runner, 1LT Matthew Ryan, LT Michael Tappe, LCpl Frankie Thyson, Shahin Uddin, SSgt Marnie Wickman, A1C Joshua Wilk, 1LT Jared Willard, Col. Theodore White The Sick: Dominic Corcoran, Mike O'Brien, Sarah Nolan, Liz Keller; Joanne Harrington, Charles Williams, Patricia Naomi Alvarenga, Joe Graber, Christina Huth, Candace Daly, Melissa Jewel, Peggy Johnson, Frederick Campos, Grace Costello, Daniel Ramirez, Cynthia Ramirez, Silvia Vizcarra, Olga Howard, Diane Shirley, Brooke Cheney. Richard King, Patrick Whipp, Barney Smith, Corinne McHugh The Deceased: Jean Pelkey, Jeanne Sweet, Michael Craig, Edward Konchan, Patrick Gaine, Judith Miller, Jean Young, Colette Baine, Ellen Sullivan, Nicholas Misiti, Timotha Rainey, Mary Kay Madigan Ledue, Joan Jasinski, Heather Miles, Salome Torrijos, Jack Burden, James Lippert, Jack Spisak, Rose Lippert. Rodney Huth, Elaine Marshall

Summer Office Hours - M-TH 11am-3:30pm

NOW OPEN! Registration for Religious Education

Sunday 9 to 10:15 am

(Mass begins at 10:30, for families who would like to attend)

Preschool through 8th grade

11am-12:15pm RCIT 4 to 5pm - High school classes: Fr. Gould-Theology of the Body Fr. Heisler- Philosophy

Monday, 5 to 6:15 pm

Kindergarten through 8th, RCIC Adult class with Fr. Heisler-Catholicism 101

Wednesday, 3:30 to 4:45pm

Preschool through 5th grade 5:00 to 6:15 pm Grades 6-8 (pending enrollment)

Saturday, 10am-12pm

SPRED (ages 6-12) - 13 sessions

Remember that **every year** of religious education is important! Please make sure to register early. All children are expected to successfully complete their current grade-level curriculum before registering for the upcoming school year.

Sacrament preparation is a two-year process. All children preparing for sacraments: Communion 1 & 2 (1st and 2nd grade), Confirmation 1 & 2 (7th and 8th grade), RCIC and RCIT are asked to attend classes in person. The homeschooling option is only available under extreme circumstances, with the approval of the Director of Religious Education and Father Gould.

We need YOU! Catechists, Classroom Assistants, Hall Monitors, and Substitutes, for the '23-'24 school year. We are expanding the RE program and need more adult catechists! Please prayerfully consider joining our religious education team.

Current catechist openings in the following areas: kindergarten, 4th grade, 6th grade, 7th grade, and 8th grade. We would love to have you! Contact the RE office.



Be sure to check out "This week on FORMED" for the latest content and video series. Our parish has a FORMED subscription! watch.formed.org.



Lindsay Glass
Director of Youth Ministry
540-338-6381 or
l.glass@saintfrancisparish.org

High School

SUNDAY YOUTH NIGHT

ALL high schoolers are invited to Youth Nights most Sundays after 5:30pm Mass in room 213. Deepen your relationship with God, learn more about Jesus, and grow your desire for life-long discipleship with Him. Newcomers and friends are always welcome! Our next Youth Night is **Sunday, June 25th.** The theme will be "Truth and Happiness".

Thank you to everyone who supported our teens and adult volunteers at this year's Diocesan WorkCamp! We experienced a spirit-filled week of selfless service, hard labor, and rich fellowship with hundreds of brothers and sisters from across the Diocese, forging relationships that will last a lifetime. We are grateful to have had this opportunity to be the hands and feet of Christ. May God bless you all for your generosity and for covering us in prayer during WorkCamp.

RISING COLLEGE & TRANSFER STUDENTS

This is your last chance to join our group and head to St. Mark's in Vienna on **Wednesday**, **June 28th at 7pm**. Connect with other college students and Catholic Campus Ministries and get the tools you'll need to be an active disciple of Christ during college. **REGISTRATION IS**REQUIRED! Check the Youth Ministry webpage for details



RISING 9TH-12TH GRADERS - Work at local job sites, engage with residents, and build friendships... enjoy games, food, music, Mass, Adoration, discussions, and more! REGISTRATION FORMS are on our Youth Ministry webpage. Return form and payment to Youth or Parish Office.

ADULT CREW LEADERS NEEDED - Adults (rising college and over), volunteer to be a team lead, assist at worksites, with games, small group discussions, or meals. **LET ME KNOW IF YOU CAN HELP!**

MONDAY, June 26th 6:30-8:00pm

In the gym. Dinner will be provided.
Spread the word and bring a friend!

MAC-PAC is for 6th, 7th and 8th graders MAC-PAC's goal is to inspire, to grow our love for God and neighbor, and to provide fellowship for the middle school youth of St. Francis de Sales





RISING 6th-8th GRADERS! Registration Forms are at saintfrancisparish.org under Youth Ministry. Return Registration, Permission form, and payment to the Youth or Parish Office. HIGH SCHOOLERS NEEDED! Volunteer to be a team lead and assist with games and small group discussions. TEXT CARLY SMITH (703-304-1122) IF YOU CAN HELP!

St. Francis Council 11136 News

COUNCIL MEETING Our next Officer meeting is Monday 26 June at 7:30 in the Knights Hall. We will continue the transition of the council officer team, and discuss events for the 2023-2024 fraternal year.



OFFICER INSTALLATION CEREMONY and PASS THE GAVEL PARTY

We will hold the installation of the Council Officers on Wednesday 5 July at 6:30 pm in the Church with the Pass the Gavel Party to follow.

GOLDEN HELMET BASEBALL GAME The annual Golden Helmet Baseball game hosted by Special Olympics will be Saturday 8 July at Potomac Green Park in Ashburn. Game 1 begins at 9 am and Game 2 begins at 10:30 am. If you are interested in supporting our special athletes, please notify GK Jay Hallam.

PARKING AT LOUDOUN COUNTY FAIR We are supporting the Loudoun County Fair again this year with the Parking Detail on Friday 28 July and Saturday 29 July. The sign-up genius link is www.signupgenius.com/go/8050C4BA4A92FA6FA7-loudoun1. This is a significant fund raiser for our council, please come sign up for a shift, family members are welcome to support as well. Br Kenny Jenkins is our lead, please contact him with any questions.

Jay Hallam, Grand Knight St. Francis Council #11136. Knights11136@gmail.com; www.facebook.com/knights11136/

Upcoming Retreats At San Damiano Spiritual Life Center In Whitepost, VA

Sermon on the Mount Men's Silent Retreat

All Diocesan men are invited to join Fr. William Saunders from *Friday-Sunday, July 14-16* to explore the Sermon on the Mount beginning with personal self-examination through the Beatitudes, living the fullness of the moral life facing the challenges of today, and spiritual strengthening through prayer, fasting, and almsgiving. Retreat cost is \$285, and financial assistance may be available.

Seniors Silent Retreat

Isn't it a challenge, living in the midst of our 'throwaway culture,' for those who are 'full of years,' to understand our place in the world -- and in our Church? Join Fr. John Riley, Spiritual Director at San Damiano, from *Friday-Sunday, July 21-23*, as we search the Scriptures, pray with Jesus in the Gospels, and consider the Crosses and the Consolations of Old Age. Retreat cost is \$285, and financial assistance may be available.

St. Catherine of Siena Women's Silent Retreat

Join Fr. James Hudgins, Pastor at St. Theresa Catholic Church, to read and rest, think and pray with Jesus and Catherine from *Friday-Sunday*, *August 11-13*. Saint Catherine is one of the four women who are identified as a Doctor of the Church. A mystic and crusader, she composed over 400 letters, her Dialog, and prayers. Retreat cost is \$285 and financial assistance may be available.

For further info or to register for any of these retreats, please contact Deacon Mark Maines at mark.maines@arlingtondiocese.org.

Are You a Mother Raising a Child with Special Needs?

Would you like to fellowship with other women on the same journey? You're invited to the first annual Mom's Night on Wednesday, June 28th! Please join us on the patio of St. Francis de Sales Church from 6:30pm to 8:30pm with light dinner provided. RSVP at info@joyoflife.org. Can't wait to see you there!

Looking for a way to help support Women who Choose Life?

Birthright of Loudoun, a crisis pregnancy center in Leesburg, maintains an Amazon Gift Registry with a wish list of reasonably priced items most wanted by new moms in need. Access the registry at www.amazon.com/registries/custom/JIJ2X48CEMTI/guest-view or by going to Amazon.com, "Find a Gift", "Custom Gift List" and entering "Birthright of Loudoun". If you prefer, cash donations can be sent to: Birthright of Loudoun,16 Royal St, SE, Leesburg, VA 20175

Pastoral Resources for Those Suffering After Miscarriage, Infertility & Infant Loss

For those who are suffering the cross of infertility and miscarriage, you are not alone. Visit the diocesan website for a list of resources to support you and your family during your most difficult days. www.arlingtondiocese.org/find-support/miscarriage-and-infant-loss/

Day of Prayer and Healing After Abortion Care for Women

After Abortion Retreats: A Day of Prayer & Healing for women who have experienced abortion will be on Saturday, July 29 and Saturday, September 30. These group healing events are held in a private and peaceful setting, in English and Spanish, based on the Entering Canaan model. There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: (703) 841-2504 or info@helpafterabortion.org.

Project Rachel Post Abortion Healing Ministry: 888-456-HOPE or visit: www.helpafterabortion.org.

Gabriel Project Pregnancy Assistance Ministry: 866-444-3553 or info@helpfor pregnantwomen.org

Homeless Ministry

Brothers and sisters, today let us implore this grace: to love Jesus in his abandonment and to love Jesus in the abandoned all around us. Let us ask for



the grace to see and acknowledge the Lord who continues to cry out in them. May we not allow his voice to go unheard amid the deafening silence of indifference. God has not left us alone; let us care, then, for those who feel alone and abandoned. Then, and only then, will we be of one mind and heart with the one who, for our sake, "emptied himself" (Phil 2:7). He emptied himself completely for us. – Pope Francis, Palm Sunday Homily, 2023

Thank you to all those who participated by donating diaper bags to the Missionary Sisters of Charity in May. Our St. Francis Community was able to donate 16 diaper bags, blessings bags, and special gifts to homeless mothers along with our regularly scheduled meal.

- Missionary Sisters of Charity in Anacostia Serve between 60 and 100 meals.
 - o We prepare and serve meals every 2nd Saturday of the month. All donated items are due to Knights Hall the preceding Thursday by 2pm.
 - Items due July 6th; meal delivered and served July 8th.
- Loudoun Homeless Shelter Serve between 40 and 80 meals.
 - o We prepare and serve meals every 4th Thursday of the month. All items are due to the Knights Hall the preceding Wednesday by 5pm.
 - Items due June 26st; meal delivered and served June 27th.

"Keep the joy of loving God in your heart and share this joy with all you meet especially your family." – Mother Teresa

Join us in works of charity by signing up to purchase items, prepare the main dish, bake cookies and cakes, or to transport meals and supplies.

Contact one of us, and we will direct you to the Signup Genius lists:

- Fran Beebe <u>franbeebe7@gmail.com</u>
- Carie Losinski: <u>skigators@me.com</u>
- Suzanne Robinson suzannedrobinson@gmail.com

Holy Father Prayer Intentions for June

For the abolition of torture

We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families.

Women's Council Corner

"And her neighbors and relatives heard that the Lord had magnified his mercy with her, and so they congratulated her." Luke 1:58

Funeral Reception Coordinator Wanted

We have a tremendous team to handle this very special task on short notice, but we need a team leader. If you could help we would be very appreciative! If interested, please email womenscouncil.sfds@gmail.com so we can add you to our team!

Next Planning Meeting - Monday, June 26th 6:30pm Rosary in the Chapel I 7pm Meeting in the Library. All women are invited to our business meeting where we plan our spectacular socials & special events and discuss current news. We welcome your ideas.

Next Social Event - Topgolf Outing

Tuesday, July 11th, 7pm new date
Topgolf Loudoun, Ashburn
Ladies, it's time to par-tee! Join us for a fun night
of golfing and socializing; no prior golf skills
required! More details and signup information

coming soon.

Please check our website for more details on each event.

saintfrancisparish.org/womens-council New to the parish or not getting our emails? Email us at womenscouncil.sfds@gmail.com to be added to our directory.





The Mother Teresa's Garden is seeking volunteers to help us with donating, volunteering & building a new garden fence. Do you have access to fence posts, wire or the ability to install it? Or are you able to help us financially with a donation to get these items? We need you!

Do you have extra produce from your garden? Bring it to mass! We are collecting fresh produce in a marked cooler in the Knights Hall on Sunday's only. We accept fruits and veggies that do not need to be immediately put in the fridge (no lettuce.)

More information: saintfrancisparish.org/ministry/mother-teresas-garden/

Make us worthy, Lord, to serve those people throughout the world who live & die in poverty and hunger. Give them through our hands, this day, their daily bread, and by our understanding love, give them peace and joy. Amen. ~Mother Teresa

Special Religious Development (SPRED)

A program designed to support and serve children with developmental disabilities and will be offered this fall at St. Francis de Sales Parish for the '23-'24 RE year.

The SPRED program invites those with disabilities to come together in a small faith community to discover God's presence in their lives and to receive the Sacraments of Initiation, based on individual levels of readiness. Children with Down Syndrome, Autism, and Learning Disabilities are welcome to join this group!

The program meets for 12 sessions on Saturday mornings (10 AM- 12 PM) throughout the year from September – April. During each session, the children, along with adult volunteers, participate in catechesis and joyful activities that include crafts, music, and spiritual lessons with connections to the Mass, scripture, and daily life. The ability to read is not a requirement as all projects and activities are designed to meet the needs of children at various levels of achievement.

The Religious Education Department is currently seeking volunteers to be Catechists (lead catechist, music catechist, arts and crafts catechist, meal/snack catechist), for SPRED. If you are over 18 years of age and interested in working with people with disabilities, please consider volunteering with the SPRED Program. You will receive far more than you can ever give! VIRTUS training is available this summer for anyone not yet trained.

Enrollment begins in July for elementary and middle school children, ages 6-12. For more information, please contact Diane Taylor, DRE, at (540)338-6381 or email at <u>d.taylor@saintfrancisparish.org</u>.



THE MINISTRY OF PRAISE

St. Francis de Sales' group of dedicated people of prayer, is on its third decade of service. The Ministry of Praise is a Spiritual Ministry in which prayer, joys and suffering are offered to God for the salvation of souls. Membership includes the sick, the handicapped, the homebound and senior citizens. We are currently inviting anyone interested in joining our team of pray-ers to contact Leslie Sheldon at the parish office l.sheldon@ saintfrancisparish.org (please designate Ministry of Praise on e-mail). Those who wish to have concerns prayed for may write their prayers and slip them into the Ministry of Praise box attached to the wall in the Narthex. You can also send the request on-line. Visit our webpage at www.saintfrancisparish.org/prayer-requests/ to fill out the form

COUNSELING OFFERED AT SFDS

Jennifer Barry, LCSW from Catholic Charities' Family Services will take appointments offering Individual, Family or Couples Counseling. Jennifer is a licensed clinical social worker who received her Master of Social Work (MSW) from the Catholic University of America. Jennifer can be reached for teletherapy or for a free consultation. If you are interested in scheduling a consultation, please contact her at 703-454-1004.

Help Parish Families with a Home-Cooked Meal

Are you available to occasionally bring a home-cooked meal to a family after the birth of a new baby, during medical recovery, or bereavement? Do you know of any expecting mothers or parishioners who could use a meal train? Please contact Kathryn Pultro at kathryn.pultro@gmail.com to sign up for the meal train email list or to set up a meal train for an individual or family in the parish.

Did you notice something at St. Francis de Sales that needs cleaning, repair or maintenance? Our staff is hard at work maintaining our beautiful property. If you would like to make a suggestion, please direct all repairs and maintenance requests to our Facilities Manager, Tim McGinn at t.mcginn@saintfrancisparish.org or give him a call at the parish office (540) 338-6381, x133.