

# Saint Francis de Sales Catholic Church

1st SUNDAY OF LENT    FEBRUARY 26, 2023



## Parish Staff

Reverend James Gould, Pastor  
Reverend John Heisler, Parochial Vicar  
Mr. Larry Hammel, Deacon  
Mrs. Amy Harrison, Business Manager  
Mrs. Leslie Sheldon, Office Manager  
Mrs. Diane Taylor, DRE - Director of Religious Ed  
Mrs. Janice Rees, CRE, Sunday Bulletin, Website  
Mrs. Lindsay Glass, Director of Youth Ministry  
Mr. Michael Galdo, Director of Music  
Mrs. Laura Burgess, Sacristan  
Mr. Tim McGinn, Facilities Manager  
Mr. Jerry Jones, Custodian  
Mrs. Maria Alvarenga, Custodian  
Mr. Antonio Alvarenga, Custodian

## Contact Info

Parish Office - 540-338-6381  
office email - [l.sheldon@saintfrancisparish.org](mailto:l.sheldon@saintfrancisparish.org)  
Religious Education Office - 540-338-4497  
RE email - [RE@saintfrancisparish.org](mailto:RE@saintfrancisparish.org)  
In case of an emergency - 540-338-6440  
Fax - 540-338-6431  
37730 St. Francis Court, Purcellville, VA 20132  
[www.SaintFrancisParish.org](http://www.SaintFrancisParish.org)

## Welcome!

Please register and become part of our parish community. You may fill out a registration form in the parish office during business hours.

**Office Hours** - M-F 8:30am-4pm  
(Office closed between 12noon and 1:15pm daily)

**Moving?** If you are leaving the parish, please let us know by calling or dropping a note.

## Sunday Mass

Saturday Vigil - 5pm  
Sunday - 7am, 8:30am, 10:30am, 12:15pm,  
5:30pm (Mass with contemporary music)

## Daily Mass

Monday through Thursday - 6:30am and 8:30am  
Friday - 6:30am and 12noon  
Saturday - 9am

## Benediction/Adoration

Friday - Adoration is held every Friday following the 12noon Mass through the evening and overnight until Saturday morning before the 9am Mass  
Wednesday Holy Hour at 7pm

## Sacraments

### Confessions:

Friday 11am  
Saturday 8am and 3:30pm; Wednesday 8pm;  
One-half hour before Mass on Sunday.  
Anytime by appointment. Confessions are held in the Church.

Matrimony: Parish couples planning to be married must make arrangements with the Office at least six months prior to the intended date of marriage.

Baptism: Baptisms are held on Sundays at 1:30pm. Baptism class is the Friday before the 3rd Sunday of the month 7pm. Call the office for details.

Anointing of the Sick: We are privileged to bring Holy Communion and administer the Holy Anointing to the sick and homebound upon request. Please call the office to let us know your needs.

## 1ST SUNDAY OF LENT February 26, 2023

"Then the devil took Jesus up to a very high mountain, and showed him all the kingdoms of the world in their magnificence, and he said to him, "All these I shall give to you, if you will prostrate yourself and worship me."  
- Mt. 4:8-9

### Community Mass for Special Needs

People with special needs resulting from physical, emotional, mental, or cognitive conditions are all around us, whether at school, at work, or in our families. It can be challenging for these important members of our community to participate in church services due to physical and social barriers, or even family member anxiety. As such, the **Joy of Life Apostolate** and the Knights of Columbus Council at St. Francis have designated the March 4, 5pm Mass for people with special needs and their families with a special reception to follow. Everyone is welcome to support our brothers and sisters. Please email [info@joyoflife.org](mailto:info@joyoflife.org) if you can attend, the number of people attending with you and if you need any special assistance so we can plan accordingly.

### Confessions in Lent

Monday, Tuesday, Thursday, Friday - 7pm  
Wednesday Night Holy Hour at 7pm, followed by  
Confession at 8pm

### Stations of the Cross

Fridays at 7:30pm  
(Confessions will follow Stations as needed)

**Fridays in Lent** are obligatory days of abstinence for Catholics. Every person 14 years of age or older must **abstain** from meat (and items made with meat).

### This Week

Mon. Feb. 27	<u>Consoling the Heart of Jesus</u> 10am, Rm.113 <u>Catholicism 101</u> 5pm Knights Hall <u>RCIA</u> 7pm, Room 107
Tue., Feb. 28	<u>Consoling the Heart of Jesus</u> 7pm, Rm.113
Wed., Mar. 1	<u>SoulStitch</u> 9:30am Knights Hall <u>Divine Mercy Bible Study</u> 7pm, Rm 113 <u>TMIY</u> 7pm, Room 202 <u>Holy Hour for Miraculous Medal</u> 7pm, Church
Fri., Mar. 2	<u>Women's Prayer Group</u> 7am, Chapel <u>Divine Mercy Bible Study</u> 10am, Rm 113
Sat., Mar. 3	<u>TMIY</u> 6:30am, OLVH <u>Joy of Life Dinner</u> 5:30pm, OLVH

## Masses for the Week

+ deceased

Sat., Feb. 25

9:00 am

Sat., Feb. 25

5:00 pm

Sun., Feb. 26

7:00 am

8:30 am

10:30 am

12:15 pm

5:30 pm

Mon., Feb. 27

6:30 am

8:30 am

Tue., Feb. 28

6:30 am

8:30 am

Wed., Mar. 1

6:30 am

8:30 am

Thu., Mar. 2

6:30 am

8:30 am

Fri., Mar. 3

6:30 am

12:00 pm

Sat., Mar. 4

9:00 am

Sat., Mar. 4

5:00 pm

Sun., Mar. 5

7:00 am

8:30 am

10:30 am

12:15 pm

5:30 pm

### Saturday after Ash Wednesday

+Vivian Kennedy Kole

### Vigil: 1st Sunday of Lent

Sophia Livelsberger

### 1st Sunday of Lent

People of the Parish

Jean Stanley

+ Cathy Mitchell

+ Salvatore Biscardi

Chris Gutshall

### Lenten Weekday

Jean and Ray Vallee

+Catherine Gacek Kole

### Lenten Weekday

+Al Bailey

+Lorraine Linda Rutzel

### Lenten Weekday

Mary Lee and Glenn Ruby

+Dorothy Hott

### Lenten Weekday

+Mike Derby

+Lorraine Linda Rutzel

### Lenten Weekday

Julian Hertz

Donna Manzer

### Lenten Weekday

Elaine and Bob Steiner

### Vigil: 2nd Sunday of Lent

+Anthony and Connie Taffuri

### 2nd Sunday of Lent

Diane Taylor

People of the Parish

James Holman

+Verona McCarthy

Tina Eastman

Parishioners are invited to return their palm branches from last Palm Sunday and place in the marked container in the narthex. Otherwise, blessed palms should be properly disposed of in your homes through burning, burying or breaking the palm into small pieces.

## Readings for the Week

Sun.:	Gn 2:7-9; 3:1-7/Ps 51:3-4, 5-6, 12-13, 17 (see 3a)/Rom 5:12-19 or 5:12, 17-19/Mt 4:1-11
Mon:	Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15/Mt 25:31-46
Tue:	Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19/Mt 6:7-15
Wed:	Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/Lk 11:29-32
Thu:	Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8/Mt 7:7-12
Fri:	Ez 18:21-28/Ps 130:1-2, 3-4, 507a, 7bc-8/Mt 5:20-26
Sat:	Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/Mt 5:43-48

Dear Folks,

Welcome to the first Sunday of Lent. How quickly the liturgical seasons have passed. In this season of prayer and penance in preparation for the coming of Easter let us draw together in our prayers and encouragement for each other. The youngsters recently celebrated their First Penance and now move on to their coming First Communion. The confirmation class steps forward to Confirmation, with Archbishop Timothy Broglio, of the Military Ordinariate. But first, the challenge of the Confirmation interviews.



The Confirmation Interviews involve the parents joining the student for a review of their sacramental preparation for Confirmation. Quite simply, the interview involves the details of the "Religion Clock." The clock is a catechetical survey of basic Catholic principles. One: One God. Two: Two Natures of Christ. Three: Three theological virtues. Four: Four Gospel writers. And so on to the number 12. The kids will be asked their confirmation names and say something about their choice of name for Confirmation. The student will also be asked to say the, "Act of Contrition." The parents will also be asked to say the same prayer. God bless them all. Talk about stress... for the parents.

During Lent evening confessions will take place during the weekdays. On Monday, Tuesday, and Thursday we will have confessions at 7:00 pm. Confessions will follow the weekly holy hour on Wednesday night. And confessions will follow the 7:30 Stations of the Cross on Friday night. As Bishop Burbidge says, "Come on down. We will leave the light on."

I want to thank the folks who joined us for the recent Forty Hours Devotions. I found a number of our youth group members at the 1:00 am Hour. I told them I would write each of them great letters of recommendation for their collegiate applications. The second night I found a Knight of Columbus and his wife who joined us at the one o'clock hour... and he with a heart issue requiring surgery in another ten days. That one had me worried. I told them both they should be home in bed resting up. But, no they were there for the hard hour. God bless them.

Many thanks goes out to the wonderful ladies of the Women's Group in setting up for the Shrove Tuesday... spaghetti supper. Such a wonderful group of ladies. One followed up with designs on a new food garden to take place on the site of the property just off the parking lot. She is hoping they make some of the produce for Sunday morning Mass and additional will go off to sources for needy families. Please stay tuned. The original parish garden was named for St. Isidore the farmer. You know, for those who are outstanding in their fields... that was a joke. The second garden was named for Mother Teresa. I have yet to hear of the new name but will get back to you on that one. Please stay tuned as I am sure the group will welcome all the help they can get on the garden.

**Upcoming events:** The St. Patrick's Day party is around the corner and we will have the annual Irish Soda Bread Contest. And beyond that the Easter events. Please stay tuned and let us pray for one another.

**Collegiate Question:** Which Pope conquered the Matterhorn?

## Angel Wall

The "Angel Wall" is a special place in the Narthex where the names of children of our parish who died before birth or any time before adulthood will be remembered. It is a beautiful thing to remember the children, and a great comfort to so many parents and families. Contact Fr. Gould if you would like to memorialize your child in this special way. Remember to visit this wall from time to time, and say a little prayer for the babies and for their families, entrusting them to the mercy of our Dear Lord.

## Our thoughts and prayers are with ...

**The Names of The Deceased** will be remain until the first anniversary of their death. Thereafter the deceased will be remembered on the first Sunday of the monthly anniversary of their death in a special column.

**Names of The Sick** are included **only at the request of the individual or family**. If you would like to publish the name of a loved one who is sick, contact [j.rees@saintfrancisparish.org](mailto:j.rees@saintfrancisparish.org). Please email when you would like the name to come off the list.

**Our Military Members** Please let us know if there are names of active military members to add to our list, or any changes to military rank. Contact Team McRoberts at [bmcroberts13@gmail.com](mailto:bmcroberts13@gmail.com)

## Our thoughts and prayers are with ...



**Our Military Members:** SGT Peter Audi, MAJ Andrew Cahan, SGT Ernesto Castro, LCpl Paul Cotter, LT Scott Cypher, CPT Patrick Godfrey, CPT Ryan Patrick Grady, 2LT Patrick Gutierrez, CPT Jamie (Jovene) Liddle; SSG Joshua Jovene, CPT Rachel (Jovene) Mallets, CPT Vincent Jovene, MAJ Chuck Marshall; SSG Tim Marshall, CPT Ross Mentzer; Lcpl John Owen Patterson; PFC Jorge Pedroza, GY Sgt Jose Pedroza; Joe Pultrio, 1Lt Matthew Ryan, LCpl Frankie Thyson, 1LT Jared Willard, PFC Joseph Jovene, A1C Joshua Wilk, 2LT Alexandra Goodnow

**The Sick:** Dominic Corcoran, Mary Jane Arens, Mike O'Brien, Sarah Nolan, Liz Keller; Joanne Harrington, Charles Williams, Patricia Naomi Alvarenga, Joe Graber, Rodney and Christina Huth, Candace Daly, Melissa Jewel, Peggy Johnson, Frederick Campos, Grace Costello, Daniel Ramirez, Cynthia Ramirez, Silvia Vizcarra, Elaine Marshall, Olga Howard, Diane Shirley, Jack Burden

**The Deceased:** Ann Forrest, Nick Spadaccini, Pasquale Spera, Susan Keelor, Bob Zurschmeide, Jean Pelkey, Jeanne Sweet, Michael Craig, Edward Konchan, Patrick Gaine, Judith Miller, Jean Young, Colette Baine, Ellen Sullivan, Nicholas Misiti, Timotha Rainey, Mary Kay Madigan Ledue, Joan Jasinski, Heather Miles, Salome Torrijos





## St. Francis de Sales Religious Education

### Reminder for Confirmation II Students

Confirmation Interviews continue this week, February 27 and will go through March 14. Please arrive 5 minutes early to your appointment!

Confirmation II Retreat will be here soon. All students being confirmed this year are expected to attend. Get ready for a night of contemplation and forming bonds with friends. Bonfire, pizza, and games! Saturday, April 15. **SAVE THE DATE!** More information will be coming soon.

### Reminder for First Holy Communion Parents

First Holy Communion Retreat will be on Saturday, March 25. Please mark your calendar. Each child preparing for First Holy Communion is expected to attend with at least one parent. More information will be coming soon.

### Resources for Lent

Look for an email from our office for Lenten activities the whole family can enjoy!

Also, did you know our parish has a FORMED account offered for FREE to our parishioners? If it has been a while since you visited the FORMED website, you need to check out all the new material and videos. Begin the Lenten season with the Lenten Daily Reflections with Dr. Tim Gray, The Chosen, or Lent with Brother Francis. There is something for everyone. Check it out!

Substitute Teachers and Catechists needed for next year. If you are feeling called to be a Catechist/ Substitute and have questions about it, please call the office. We need you!



Virtus Training will be held at St. Francis de Sales on May 20 at 9am. Any adult working with the youth must be VIRTUS trained. (Catechists, Work Camp, VBS, Substitutes, Volunteers) Spaces are limited and go fast. Call the RE office for more information.

## Religious Education Calendar

### WEEK OF FEBRUARY 26 and MARCH 5

Sunday Pre-K - 8th Grades - 9-10:15am  
RCIT - 11-1:15pm  
9th - 12th Grades (Fr. Gould) - 4-5pm  
11th-12th Grades (Fr. Heisler) - 4-5pm  
 Monday K - 8th Grades 5-6:15pm  
Catholicism 101 Adult Class - 5-6:15pm  
 Wed Pre-K-5th - 3:30-4:45pm



Lindsay Glass  
 Director of Youth Ministry  
 540-338-6381 or  
[l.glass@saintfrancisparish.org](mailto:l.glass@saintfrancisparish.org)

## High School

**SUNDAY YOUTH NIGHT:** ALL high schoolers are invited to Youth Nights most Sundays after 5:30pm Mass in room 213. Deepen your relationship with God, learn more about Jesus, and grow your desire for life-long discipleship with Him. Friends are welcome! Our next meeting is **March 5th from 6:30-8:00pm**. (February 26 is a WorkCamp Formation meeting.)



**WorkCamp** is June 17-23, 2023 in Frederick County, VA. Our next WorkCamp Formation meeting is Sunday, **February 26th** from 6:30-8:00pm in the gym. Registered teens and adult crew leaders are required to attend. If you are an adult interested in assisting as a "contractor" or would like to learn other ways you can help

our mission, reach out to Shahin or Maggie Uddin ([familyuddin@gmail.com](mailto:familyuddin@gmail.com)) -- or drop in for our formation meeting! Come bring your gift to the altar!

**SPRING RETREAT: "Follow Me", March 24-26th** at the NOVA 4-H Center in Front Royal, VA. Experience what it means to follow Jesus... know Him, desire His will, be different, be fearless. The cost is \$110 (cash or check to SFDS). Permission forms can be printed off our website ([saintfrancisparish.org](http://saintfrancisparish.org) under Youth Ministry). Return form and payment to the Parish or Youth Office by **March 9th**. Space is limited!

**SHELTER COOKING:** Meet us in the kitchen Monday, March 13th from 5:00-6:30pm to cook for the Loudoun County Homeless Shelter. LET ME KNOW if you can make it!

**COLLEGE SCHOLARSHIP:** Are you a student heading off to a college, university, or trade school who is passionate about sharing the faith? Awardees of the Michael Burke Sr. Memorial Scholarship can receive \$5000 per school year (\$2500 per semester) to help offset costs of tuition. For more information go to [www.youthapostles.org/](http://www.youthapostles.org/) scholarship. Applications are due March 31.

**REMIND APP:** Sign up to receive text message reminders and updates. Go to <https://remind.com/join/a4d636> or text @a4d636 to 81010.



## Middle School

**BASH** is Saturday, April 22 from 3:30-8:30pm. BASH is a celebration of our Catholic faith and love of the Lord and is the largest gathering of Catholic middle school students in the diocese each year! Expect music, games, inspirational speakers, confession, and Sunday Vigil Mass with the Bishop! All middle schoolers are welcome! Read more at [www.arlingtondiocese.org/youth-ministry/bash/](http://www.arlingtondiocese.org/youth-ministry/bash/). Registration opening soon.

## St. Francis Council 11136 News



**FEBRUARY OFFICER MEETING:** We will hold our monthly officer planning meeting on Monday 27 Feb at 7:30 pm in the Knights Hall.

**ST PATRICK'S DAY PARTY PLANNING MEETING:** We will hold a St. Patrick's Day Party meeting on Tuesday 28 Feb at 7:00 pm in room 107 to continue planning for the 18 March event.

**PANCAKE BREAKFAST:** We will hold our monthly Pancake Breakfast next Sunday 5 March after the 07:00, 8:30 and 10:30 morning Masses. Knights, please see the SUG to volunteer, family members always welcomed to volunteer as well. Please join us and see our new menu items.

**SHARE SUNDAY BLUE BAG DISTRIBUTION:** We will be distributing grocery bags next weekend after all the Masses and collect them back the weekend of 11-12 March

**COUNCIL SUPPORT TO YOUTH WORK CAMP:** The Council is supporting the Youth Work Camp in several ways. If you wish to volunteer to support please contact the GK Jay Hallam at [gksf11136@gmail.com](mailto:gksf11136@gmail.com) for more information.

**LENTEN MESSAGE:** Archbishop William E. Lori is the Supreme Chaplain of the Knights of Columbus. His "Supreme Chaplain's Column" in the January/February 2023 edition of the (Knights of Columbus) Columbia Magazine, he wrote about "the Order's principles to help us to better understand and practice prayer, fasting, and almsgiving."

"Lent, a season both joyful and sober, is meant for every member of the Church, but I believe that Blessed Michael McGivney can give us a helping hand in our Lenten self-denial and spiritual growth. The help he offers is embedded in the very principles of charity, unity and fraternity upon which he built the Knights of Columbus.

Let's begin with our first principle, charity. If we are to open our hearts to the crucified Shepherd who loves us like no other, our hearts must be aflame with charity. The Church's tradition, therefore, identifies almsgiving as a most beneficial Lenten practice. It is easy to see an equivalence between charity and almsgiving, which is more than providing financial help to the needy, important as that is. Almsgiving refers to all forms of charitable outreach to those who are in need — precisely the outreach we engage in as Knights. Whether it's Coats for Kids, the heroic service of Knights to Ukrainian refugees, disaster relief, or simply helping a neighbor in time of trouble — all these are ways of putting the needs of others ahead of our own. Through charity, we become more like Christ, who gave himself up for us and for our salvation."

It's easier than ever to join the KofC. For more information, visit <http://www.kofc.org/join>.

**Jay Hallam, Grand Knight**  
**St. Francis Council #11136. [Knights11136@gmail.com](mailto:Knights11136@gmail.com);**  
**[www.facebook.com/knights11136/](http://www.facebook.com/knights11136/)**



**SCHOLARSHIP:** The Associates of St. John Bosco is offering scholarships to undergraduate students who have demonstrated an intense desire to live out their faith on their college campus and who seek to serve the Church in some capacity after graduation. There are three scholarships for \$4,000. A \$6,000 scholarship will also be awarded to a student who will be engaged in education or work with young adults. Freshman scholarship funding may continue into the next three years if certain criteria are met. Go to [asjb.org](http://asjb.org) for more information.

**SUMMER INTERNSHIP:** The Arlington Diocese Office of Youth, Campus, and Young Adult Ministries has two positions open for Summer 2023 internships for college-aged students! One intern will assist with the general work of the office, while the other will focus predominantly on WorkCamp. Read more and apply at [arlingtondiocese.org](http://arlingtondiocese.org) under Employment Opportunities.

Contact Lindsay Glass at [l.glass@saintfrancisparish.org](mailto:l.glass@saintfrancisparish.org) for more information about these opportunities.

### Holy Father Prayer Intentions for February

#### For parishes

We pray that parishes, placing communion at the center, may increasingly become communities of faith, fraternity and welcome towards those most in need.

**MOTHER TERESA'S GARDEN**  
AT ST. FRANCIS DE SALES

**Grow food for the hungry  
to feed your soul**

DO YOU LOVE GARDENING, FARMING, OR  
INSPIRED TO LEARN HOW TO? VOLUNTEER!



## Homeless Ministry



*"This is what our people need.  
They need your hands to serve them, and they  
need your heart to love them."  
" - Mother Teresa*

The needs are great! Consider doing what you can to support the ministry this Lent.

- The Parish-Wide Blessing Bag Event is today, Sunday, February 26th, after the 8:30 and 10:30am Masses. Come to Knights Hall to help us create care packages for the homeless.
- Missionary Sisters of Charity in Anacostia
  - Serve between 60 and 100 meals.
    - o We prepare and serve meals every 2nd Saturday of the month. All donated items are due to Knights Hall the preceding Thursday by 2pm.
      - Items due, March 9th; meal delivered and served, March 11th.
- Loudoun Homeless Shelter
  - Serve between 40 and 80 meals.
    - o We prepare and serve meals every 4th Thursday of the month. All items are due to the Knights Hall the preceding Wednesday by 5pm.
      - Items due, March 22; meal delivered and served, March 23rd.

Join us in works of charity by signing up to purchase items, prepare the main dish, bake cookies and cakes, or to transport meals and supplies.

*"We ourselves feel that what we are doing is just a drop in the ocean. But if that drop was not in the ocean, I think the ocean will be less because of that missing drop."  
" - Mother Teresa*

Contact one of us, and we will direct you to the Signup Genius lists:

- Fran Beebe [franbeebe7@gmail.com](mailto:franbeebe7@gmail.com)
- Carie Losinski: [skigators@me.com](mailto:skigators@me.com)
- Suzanne Robinson [suzannedrobinson@gmail.com](mailto:suzannedrobinson@gmail.com)

### COUNSELING OFFERED AT SFDS

Jennifer Barry, LCSW from Catholic Charities' Family Services will take appointments offering Individual, Family or Couples Counseling. Jennifer is a licensed clinical social worker who received her Master of Social Work (MSW) from the Catholic University of America. Jennifer can be reached for teletherapy or for a free consultation.

If you are interested in scheduling a consultation, please contact her at 703-454-1004.

## Women's Council Corner

*"Beloved, let us love one another, because love is of God; everyone who loves is begotten by God and knows God. Whoever is without love does not know God, for God is love."  
1 John 4:7-8*



### WorkCamp 2023 Service Award

We would like to thank all the young ladies who submitted an application for the Women's Council Service Award. It was a true joy to read inspiring essays from our young ladies of faith. We will be announcing the recipient next week!



### Next social- Garden Chit Chat & Seed Share - Monday, March 6th

7pm Room 207 Parish Education Center  
Getting ready to plan your spring garden? Come share your expert knowledge with others just learning the basics. If you have any seeds or gardening items to trade, bring them for our seed share. Bring a dish made with your favorite item from the garden (mashed potatoes, arugula salad, apple pie, etc.) and we will provide the drinks.

**Next planning meeting-** Monday, March 20th  
6:30pm Rosary in the chapel, 7pm meeting in the Library.  
All women of the parish are welcome to join to help create and plan our community events. Please join us as we could use your help!

Please check our website for more details on each event.  
[saintfrancisparish.org/womens-council](http://saintfrancisparish.org/womens-council) All women of the parish are members of the Women's Council.  
No dues or membership forms are required.  
New to the parish or not getting our emails? Contact us:  
[womenscouncil.sfds@gmail.com](mailto:womenscouncil.sfds@gmail.com)

### Military Tribute and Prayers



Please help us expand our Saint Francis de Sales parish tribute to our military by sending us your prayer requests for active military members – send in name and branch of service.

In addition, we are so blessed with many military veterans at SFDS and we want to honor them as well – send us your name and branch to Team McRoberts at [BMcRoberts13@gmail.com](mailto:BMcRoberts13@gmail.com) or text to 703.727.9613.



## 40 Cans for Lent

Share your Lenten meals with those in need. Purchase an extra can of whatever item you are using to make your family's Lenten meals and donate it to the Catholic Charities Food Pantry through our Knights of Columbus "Share Sunday" food drive.

Lenten Share Sundays are  
March 12 and April 9.



SAVE THE DATE!

**Vacation Bible School - July 10-14**  
**EGYPT Joseph's Journey from Prison to Palace**

Watch your emails this week for the  
opportunity to sign up as a volunteer.  
Registration for campers will begin May 1.

**February 22 - April 2**

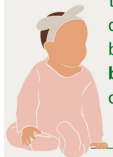
# Birthright Diaper Drive

## How can you help this Lent?

This Lent help support new mothers in need by donating these supplies. You can drop off donations to the cribs set up in both the Narthex and RE building. All donations will be delivered to Birthright.

## Most needed items:

- Diapers size 3, 4 and 5
- Baby shampoo/baby wash
- Diaper cream
- Baby girl clothes (new or gently used) size 6-9 months and 9 months
- Any other new baby items



## Day of Prayer and Healing After Abortion Retreat for Women

After Abortion Retreat: A Day of Prayer and Healing for women who have experienced abortion will be on Saturday, March 25, 2023. This group healing event is held in a private and peaceful setting, based on the Entering Canaan model. There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step.

For confidential inquiries, please contact Project Rachel Ministry: (703) 841-2504 or [info@helpafterabortion.org](mailto:info@helpafterabortion.org).

Project Rachel Post Abortion  
Healing Ministry:  
888-456-HOPE or  
visit: [www.helpafterabortion.org](http://www.helpafterabortion.org).

Gabriel Project Pregnancy  
Assistance Ministry:  
866-444-3553 or  
[info@helpforpregnantwomen.org](mailto:info@helpforpregnantwomen.org)

## Annual Men's Conference 2023 Saturday, March 4, 8:30am-2:30pm

### "My Soul Rejoices in the Lord"


St. Joseph Catholic Church, Herndon. Join Catholic men from around the Diocese for a day of prayer, fellowship and reflection. Keynotes include: Fr. Thomas Petri, OP, President of the Pontifical Faculty of the Immaculate Conception and prolific writer; and Tim Staples, Convert Apologist at Catholic Answers and author of Behold Your Mother. Sign-in begins at 7:30am with confessions, coffee and pastries. Mass will be celebrated by Bishop Michael Burbidge at 11:15am. \$65 until February 1st; \$80 after.

Register at [familylife@arlingtondiocese.org/men](mailto:familylife@arlingtondiocese.org/men).


## Annual Women's Conference Saturday, March 11, 8:30am-2:30pm

### "Love Rejoices in Truth"

Join women from around the diocese for an opportunity to be inspired, to connect with likeminded women and to raise our voices together in prayer. Come and hear Nikki Kingsley's remarkable conversion story. Hear how she, a devout Muslim, was guided by the voice of the Blessed Virgin Mary that would eventually lead her to Jesus and into the Catholic Church. Sign-in begins at 7:30am with confession, coffee and pastries. Mass will be celebrated by Bishop Michael Burbidge at 11:15am St. Joseph Catholic Church, Herndon. \$80 For inquiries, please call (703) 841-2550 or email [familylife@arlingtondiocese.org/women](mailto:familylife@arlingtondiocese.org/women).



## St. Francis de Sales Catholic Church Blood Drive



Sponsored by St. Francis Council 11136

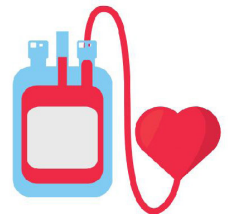
### WHEN:

**Sunday, March 12, 2023**  
7 a.m. – 11:30 a.m.

### WHERE:

**37730 St. Francis Ct.  
Purcellville, VA**

*Inova Blood Donor Services will be in the  
Knights of Columbus Hall.*



**Every Drop Counts.  
Donate Blood.**

### Book Your Appointment Today

• Visit <https://bit.ly/StFrancis0312>

• Call 1(866) 256-6372, use Sponsor Code 3026

• Contact Mark Furman - [furmanma@outlook.com](mailto:furmanma@outlook.com)



[inovablood.org](http://inovablood.org)

Photo ID and surgical face masks required. Surgical face masks will be provided if needed. Allow one hour for your donation.

