

# Saint Francis de Sales Catholic Church

4th Sunday of Lent      March 31, 2019

## Parish Staff

Rev. Ronald S. Escalante, Pastor  
Msgr. John Cregan, Parochial Administrator  
Rev. Mark Mullaney, Parochial Vicar  
Deacon Larry Hammel  
Mrs. Amy Harrison, Business Manager  
Mrs. Angela Baker, Secretary  
Mrs. Laura Burgess, Sacristan  
Mrs. Janice Rees, CRE, Sunday Bulletin  
Ms. Emily Glass, Director of Youth Ministry  
Mr. Michael Galdo, Director of Music  
Mr. William Gibson, Facilities Manager  
Mr. Jerry Jones, Custodian  
Mrs. Maria Alvarenga, Custodian  
Mr. Antonio Alvarenga, Rectory Cook

## Contact Info

Parish Office - 540-338-6381  
office email - [secretary@saintfrancisparish.org](mailto:secretary@saintfrancisparish.org)  
Religious Education Office - 540-338-4497  
RE email - [RE@saintfrancisparish.org](mailto:RE@saintfrancisparish.org)  
In case of an emergency - 540-338-6440  
Fax - 540-338-6431  
37730 St. Francis Court, Purcellville, VA 20132  
[www.SaintFrancisParish.org](http://www.SaintFrancisParish.org)

## Welcome!

Please register and become part of our parish community. You may fill out a registration form in the parish office during business hours.

**Office Hours** - M-F 8:30am-4:30pm  
(Office closed between 12noon and 1:15pm daily)

**Moving?** If you are leaving the parish, please let us know by calling or dropping a note.

## Sacraments

Confessions: Friday 10:30am

Saturday 8am and 3:30pm; and anytime by appointment, Confessions are heard in Rooms 107 & 113 in Catholic Education Center

Matrimony: Parish couples planning to be married must make arrangements with the Office at least six months prior to the intended date of marriage.

Baptism: The Sacrament is celebrated each month on the second and third Sunday at 1:30pm. Baptism class is the last Friday of the month at 7pm. Call the office for details.

Anointing of the Sick: We are privileged to bring Holy Communion and administer the Holy Anointing to the sick and homebound upon request. Please call the office to let us know your needs.



*The Parable of the Prodigal Son*

## Sunday Masses

Saturday Vigil - 5pm  
Sunday - 7am, 8:30am, 10:30am, 12:15pm  
5pm (Mass with contemporary music)

## Daily Masses

Monday and Wednesday - 9am  
Tuesday and Thursday - 6:30am  
Friday - 6:30am & 12 noon;  
First Friday - 12 noon & 7pm  
Saturday - 9am  
Check the bulletin for Holy Days of Obligation

## Adoration/Benediction

Friday - Adoration is held every Friday following the 12 noon Mass until 5pm. The Rosary is prayed at 12:30pm and the Divine Mercy Chapel is at 3pm.

First Friday - Adoration follows the 12noon Mass until the 7pm Mass.



**4th Sunday of Lent**  
**March 31, 2019**

The Lord secures justice and the rights of all the oppressed.  
*- Psalm 103:6*

**Frídays in Lent**

Friday Lenten Fish Fry 4:30pm-7:30pm  
 Stations of the Cross 7:30pm

First Friday Stations of the Cross follow the 7pm Mass



Are you having difficulty forgiving an acquaintance or a loved one? Have you considered seeking God's healing first in the Sacrament of Reconciliation? To help you do that, every Catholic parish across the Archdiocese of Washington and Diocese of Arlington, including our own, will offer the Sacrament of Reconciliation on **Wednesday evenings, 6:30-8pm**. Learn more at [www.the-light-is-on.org](http://www.the-light-is-on.org). Confessions will continue to take place in the Catholic Education Center, Rooms 107 and 113

**TREASURES FROM OUR TRADITION**

Today, "Laetare Sunday," breaks the somberness of Lent for a little rejoicing, and the readings all summon us to an awareness of reconciliation. One of the best-loved stories of our tradition is today's Gospel story of the runaway son and the prodigal father. Prodigal, of course, is an adjective meaning "spendthrift or extravagant to a degree bordering on recklessness," and although the boy maxes out the credit cards, it is really the father who is prodigal with forgiveness.

Part of the excitement of this Laetare Sunday is rooted in the ancient catechumenate. Long ago, midway through Lent, the "elect" were focusing more and more on the gift of reconciliation accomplished for them by Christ and about to be realized in the Easter sacraments they were preparing to celebrate. In some places, the elect were even bedecked with roses on this day. A person bedecked with roses sticks out in a crowd; a person formed by the Eucharist and committed to living a life of reconciliation does, too. That's you!—James Field, Copyright © J. S. Paluch Co.

**This Week**

- Sun., March 31 Adult Basketball 8:30pm
- Mon., April 1 Ladies Auxiliary 7:30pm, Parish Hall
- Tue., April 2 Women's Faith Ministry 7:30pm  
RCIA 7:30pm, Room 107  
Catholic Social Justice class 7pm, Rm 206
- Wed., April 3 SoulStitch 9:30am, Parish Hall  
Catholic Social Justice class 10am, Rm 206  
TMIY 7pm, Room 202  
St. John Bible Study, Room 205
- Thu., April 4 Rosary Group 7pm, Church
- Sat., April 6 TMIY 6:30am
- Sun., April 7 Adult Basketball 8:30pm

**Masses for the Week**

+ deceased

Saturday, March 30

9:00 am

Saturday, March 30

5:00 pm

Sunday, March 31

7:00 am

8:30 am

10:30 am

12:15 pm

5:00 pm

Monday, April 1

9:00 am

Tuesday, April 2

6:30 am

Wed., April 3

9:00 am

Thursday, April 4

6:30 am

Friday, April 5

12:00 noon

7:00 pm

Saturday, April 6

9:00 am

Saturday, April 6

5:00 pm

Sunday, April 7

7:00 am

8:30 am

10:30 am

12:15 pm

5:00 pm

**Lenten Weekday**

Special Intentions

**Vigil: 4th Sunday of Lent**

Barbara McNally

**4th Sunday of Lent**

People of the Parish

Kristy O'Neill

Bob Eastman

Danielle Orender

+ Patrick Wood

**Lenten Weekday**

Brother Luke at New Skete

**Lenten Weekday**

Electerio Megia

**Lenten Weekday**

Leslie Brill

**Lenten Weekday**

Cosgrove Family

**Lenten Weekday; First Friday**

Lois Gallagher and family

All victims of sexual abuse and

their continued healing

**Lenten Weekday; First Saturday**

The Taylor family

**Vigil: 5th Sunday of Lent**

Robin Mentzer

**5th Sunday of Lent**

Deceased members of the D'Elia

and Butts families

People of the Parish

The Fitzgerald Family

Don and Nancy Baker

The King family

**Readings for the Week**

- Monday: Is 65:17-21; Ps 30:2, 4-6, 11-13b; Jn 4:43-54
- Tuesday: Ez 47:1-9, 12; Ps 46:2-3, 5-6, 8-9; Jn 5:1-16
- Wednesday: Is 49:8-15; Ps 145:8-9, 13cd-14, 17-18; Jn 5:17-30
- Thursday: Ex 32:7-14; Ps 106:19-23; Jn 5:31-47
- Friday: Wis 2:1a, 12-22; Ps 34:17-21, 23; Jn 7:1-2, 10, 25-30
- Saturday: Jer 11:18-20; Ps 7:2-3, 9bc-12; Jn 7:40-53
- Sunday: Is 43:16-21; Ps 126:1-6; Phil 3:8-14; Jn 8:1-11

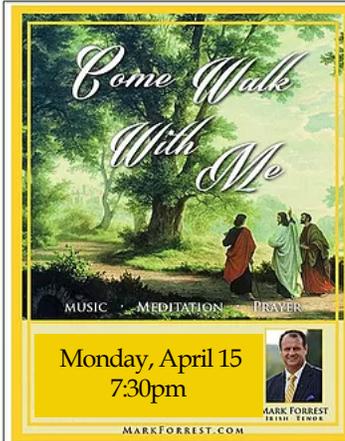
**Parish Financial Status**

In-pew Offertory - March 24 \$ 12,271  
 2nd Collection - Easter Flowers \$ 2,781

YEAR TO DATE \$ 777,198

This week's 2nd Collection - Catholic Relief Services  
 No 2nd Collection next week

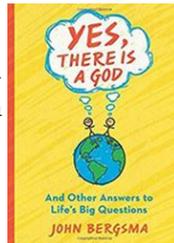
**Catholic Homeschool Resource and Support Ministry** (CHRSM) registration has begun. Please visit [sfchrsm.com](http://sfchrsm.com) to view the courses offered for the coming school year, 2019–20. CHRSM meets at St. Francis de Sales Catholic Church Catholic Education Center.



**Night Of Prayer**  
*You are invited to an evening of spiritual reflection with Irish tenor, Mark Forrest. The Come Walk With Me evening is a time for us to reflect on our personal relationship with Jesus Christ. During the evening, the blessed sacrament will be exposed and Irish Tenor Mark Forrest will take you through an evening of music, reflection, and healing. Consider taking an hour with the Lord as he invites to a closer walk with him.*

**Lenten Book and Author to Speak at Saint Francis May 9**

Dr. Bergsma will speak at our Parish after Easter on Thursday, May 9th at 7pm at the Parish Center to reinforce what we learned from his book and how to keep all our loved ones faithful Catholics. Please sign up by emailing Janice Rees at [j.rees@saintfrancisparish.org](mailto:j.rees@saintfrancisparish.org).



**Our thoughts and prayers are with ...**



**Our Military Members:**  
 MAJ Chuck Marshall; Lcpl John Owen Patterson; Sgt. Tim Marshall; 2nd Lt. Patrick Gutierrez, MAJ Andrew Cahan; 1st Lt Matthew Ryan, Capt. Patrick Godfrey, Cpl Zachary Gingras, LT Scott Cypher, Cap. Vincent Jovene, 1st Lt. Jamie (Jovene) Liddle, A1C Joshua Jovene, 1LT Jared Willard, Joe Pultro, LCpl Paul Cotter, 2dLt Rachel Jovene, GySgt Jose O Ruiz Pedroza, PFC Jorge A Lara Pedroza, LT Ross Mentzer, 2nd LT Ryan Patrick Grady; PFC Stephen G. Beard, Sgt. Ernesto G. Castro, LCpl Frankie Thyson  
**The Sick:** Dominic Corcoran, Jack Lehtonen, Mary Jane Arens, Zach Miller, Phyllis Heller, Madeline Gonzalez, Mike O'Brien, Bill and Valerie Wieliczko, Sarah Nolan, Liz Keller  
**The Deceased:** David Young, Philippe Laffitte-Smith, Shannon Stotlar, Edward Versprille, Nancy Anderson, Arthur Busher, Jim Dueppen, Dorothy Gessner, Ellen Delaney, Daniel Duggan, Bud Nolan, Marilyn Cote, Michael Konopa

**Overnight Eucharistic Adoration**

Our parish will not be hosting overnight Adoration on 1st Fridays for the time being. Adoration will start after 12noon Mass and continue until Benediction before the 7pm Mass.

**Adoration – Every Friday HELP NEEDED!**

Adorers are needed every Friday from 1 pm – 5 pm, and every first Friday of the month from 1 pm – 7 pm. Currently we are not getting two adorers to sign up for every hour. Anyone is welcome to just “stop in” to adore, but we also need to have two adorers who are scheduled and committed to show up. Please mail [adoration@saintfrancisparish.org](mailto:adoration@saintfrancisparish.org) if you would like to help in this important ministry of prayer.



**2019 BISHOP'S LENTEN APPEAL Together in the Light of Christ**

We are asking every household in our parish to support the BLA this year. You may set up a pledge with monthly recurring donations or a one-time donation online at: [www.arlingtondiocese.org](http://www.arlingtondiocese.org) The BLA provides funding for numerous programs, services and ministries that serve people in need and furthers the Gospel mission of Jesus Christ in our diocese. Let us join together to do the Lord's work – work that touches the lives and souls of thousands of people. Thank you!



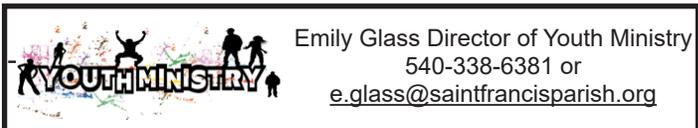
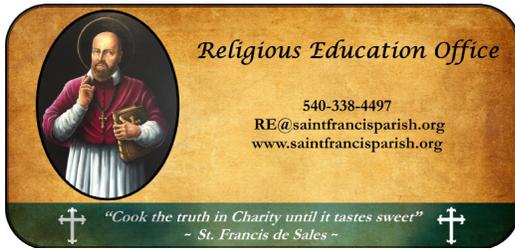
**The Joyful Child Atrium Catechesis of the Good Shepherd**

Registration for 2019 - 2020 is now open for all families. The Catechesis of the Good Shepherd is a Catholic religious formation program for children ages 3 to 12.. For more information, please visit our website at [www.thejoyfulchildatrium.com](http://www.thejoyfulchildatrium.com) or call Theresa Bruton at 540-882-

**Write your Dedication on a Brick** – You have an opportunity to place your permanent dedication etched on a brick on the church property: in front of the parish center. Think of honoring someone on Mother's Day, Confirmation or 1st Communion. anniversary or birthday! Proceeds go directly to pay our center's mortgage. Go to our website: [www.saintfrancisparish.org/commemorative-brick-campaign/](http://www.saintfrancisparish.org/commemorative-brick-campaign/)

**HOLY FATHER'S PRAYER INTENTIONS -MARCH 2019**

**Recognition of the Right of Christian Communities**  
 That Christian communities, especially those who are persecuted, feel that they are close to Christ and have their rights respected.



## CONFIRMATION REMINDERS

### Sponsor Eligibility forms were due March 1.

- If your Confirmation sponsor is a registered member of Saint Francis de Sales, and meets the qualifications of a sponsor, you will need to fill out the Sponsor Eligibility Form, bring it to the Parish Office for Monsignor Cregan or Father Mullaney to sign and seal.
- All sponsors from other parishes need to fill out our form, present it to their pastor, and have it signed and returned to the RE office.

**Candidate's letter to the Bishop** will be mailed out on **April 8th**, please get your letter to the RE office by then. Archbishop Broglio reads them all!!! I will only be sending him one packet of letters, please be sure it is in on time.

**\$55 Sacrament Fee is due**, please call RE office if you are not sure you paid.

**Discipleship Hours** are due April 7. Please contact Janice if you need ideas to finish up your requirement.

### Mandatory Spring Parent Meeting

Thursday, April 4 **or** Tuesday, April 9, 7pm - Room 206

**Any paperwork that is due can be emailed or placed in the dropbox outside the front doors of the Education Center when the office is closed, or if we do not have classes.**

## LENTEN PROJECT FOR BIRTHRIGHT

Let's join the American Heritage Girls Diaper Drive collection for Birthright for our Lenten Project this year. There are collection boxes for your donations in the Narthex and in the Religious Education building.

### Suggested List of Contents:

- Boys & girls new clothes sizes 0-9 months (especially long sleeve onesies, gowns, stretch suits & sleepers with feet)
- Gently used boys & girls clothes (sizes 0-18 months)
- Crib sheets • Baby towels & wash cloths • Receiving blankets
- Baby wash • Baby diaper cream • Baby wipes
- Diapers (sizes newborn, 1, 2, 3 & 4)

You can start bringing items in now, all the way through Easter! Birthright is very low on these supplies so we will make several deliveries throughout Lent.

**TEEN WORKCAMP MEETING** – The next Teen Workcamp Meeting is on April 28th from 6:15-8pm in the old parish hall. This meeting is for all current 8th-12th graders. Please note that all teens who plan to attend Workcamp must attend teen Workcamp meetings. \$150 deposits (checks made out to St. Francis de Sales) are currently due to reserve a space at Workcamp. Don't forget to mail out your Appeal Letters!

**ADULT WORKCAMPERS** - We are looking for more adults (at least 21 years of age) to come to Workcamp this summer in East Bank, WV from June 30 – July 6. It's a Spirit-filled week that changes the lives of so many young people and we hope you will join us! Please contact [e.glass@saintfrancisparish.org](mailto:e.glass@saintfrancisparish.org) if you're interested or have questions. No experience required!

**CHILI COOK-OFF** – Join us on April 27th in the gym from 6-8pm for a Chili Cook-Off and Bake Sale, both benefiting Workcamp 2019. All Workcampers and their families are invited to submit a chili. Please contact Lisa Cammarota at [lisacammarota@gotchacovered.com](mailto:lisacammarota@gotchacovered.com) if you want to submit your chili. All parishioners, friends, and family are invited to come sample chilis and vote for their favorites on April 27th!

**HOMELESS SHELTER** – High schoolers are invited to help cook for the homeless shelter on Monday, April 8th from 4:30-6pm in the Education Center kitchen.

**YOUTH NIGHT** – Join us on Sundays from 6-8pm in room 213 for fellowship, food, and fun. Bring a friend!! All high schoolers are welcome! Come to grow in friendship with Christ and one another.

**BIBLE STUDY FOR HIGH SCHOOL GIRLS** – Join us at Market Street Coffee on Wednesdays from 5-6pm for Bible study.

## MARK YOUR CALENDARS VACATION BIBLE SCHOOL Monday - Friday, July 8-12 9am-12noon

**We have many opportunities for adults & youth volunteer.**

Please visit our VBS website for all of our volunteer opportunities and Volunteer Sign-Up Form

[www.saintfrancisparish.org/vacation-bible-school/](http://www.saintfrancisparish.org/vacation-bible-school/)

**Registration for VBS will begin 1st week in May**

## Religious Education Calendar

### WEEK OF MARCH 30 and APRIL 7

Sunday	<a href="#">Grades 1st-8th Session 1</a> - 8:45am <a href="#">Grades K-8th Session 2</a> - 10:30am
Monday	<a href="#">Grades K-8th</a> - 4:45pm
Wednesday	<a href="#">Grades PreK, 1st-8th</a> - 4:45pm



SoulStitch Ministry welcomes new members who knit, crochet, weave or embroider, or would like to learn. We meet the 1st & 3rd Wednesdays of the month from 9:30am to noon in the Parish Hall. For more information, please contact Kathy Reed at [kreed\\_952@live.com](mailto:kreed_952@live.com). Our next meeting will be Wednesday, April 3.

### Join us on a SPECIAL PILGRIMAGE TO IRELAND

Register now to join Father Mullaney October 1-11, 2019 on a very special journey to the Emerald Isle of IRELAND. Here's a taste of what we'll see: Glendalough, Smithwicks Brewery, The Rock of Cashel, Blarney Castle, Dingle Peninsula, Blasket Center, the Cliffs of Moher and Kylemore Abbey. We'll have a cruise on Killary Bay and have time at the important Shrine at Knock where in 1879, an Apparition of Our Lady, Joseph and St. John the Evangelist appeared on the church gable. We'll visit Croagh Patrick, Clonmacnoise and have a city tour of Dublin seeing Trinity College, St. Patrick's Cathedral and have a tour the Jamesons Distillery. It's spiritual and fun pilgrimage! Included in the \$3,250 price: Roundtrip flights from Dulles Airport; airline taxes and fuel surcharges; deluxe bus transport; nine nights in 1st Class hotels, Breakfast daily and six dinners; all entrance fees; Daily Mass and ALL tips. More info can be found at [www.gtrpilgrimage.com](http://www.gtrpilgrimage.com), or Chris Miller at [Emarym0304@gmail.com](mailto:Emarym0304@gmail.com) or at 760-622-9177

### Join the First Saturday Rosary Team

Did you know that the 'no-show' rate can go up by 70% when there are people peacefully praying outside an abortion facility? Please join the prayer team every First Saturday to pray the rosary at 10:30am at the Falls Church abortion facility. The next First Saturday is on March 2. The facility is located at 900 S. Washington Street, Falls Church. For inquiries, contact Amy McNerny at (703) 841-3817 or [respectlife@arlingtondiocese.org](mailto:respectlife@arlingtondiocese.org)

### Yearly Women's Discernment Retreat

Could Christ be calling you to the religious life? Take a step to find out at the annual discernment retreat for women, June 14-16. The retreat will be led by religious sisters, and will focus on giving you tools for your discernment, as well as personal prayer time, opportunities for confession and spiritual direction, and the chance to socialize with the sisters and the other women as well. Cost is \$60 and includes overnights and all meals (assistance is available if needed). Deadline to register: Friday June 1. More information is at [www.arlingtondiocese.org/Yearly-Discernment-Retreat-Women/](http://www.arlingtondiocese.org/Yearly-Discernment-Retreat-Women/)

### Discernment Camps: Quo Vadis for High School Boys and FIAT for High School Girls

Sign-ups are underway. These camps fill up quickly. Please see [www.arlingtondiocese.org/Quo-Vadis-Summer-Discernment-Camp/](http://www.arlingtondiocese.org/Quo-Vadis-Summer-Discernment-Camp/) or [www.arlingtondiocese.org/FIAT-Summer-Discernment-Camp/](http://www.arlingtondiocese.org/FIAT-Summer-Discernment-Camp/)



### Lenten Friday Nite Fish Fry 4:30-7:30pm

Pre-orders can be emailed (use form on [saintfrancisparish.org/friday-night-fish-frys/](http://saintfrancisparish.org/friday-night-fish-frys/) or phone in at 540-338-6381 by 3:30pm on Friday. Discount for those here who come before 5:30pm or after 7pm.

- **Fried Fish Sandwich or Fish Platter** - \$11  
*choice of coleslaw and baked potato (russet or sweet) or french fries*
- **Grilled Cheese Sandwich** - \$4  
*applesauce and cookie*
- **Extra Fries or Baked Potato** (russet or sweet) - \$2
- **Mozzarella Sticks** w/ marinara sauce - \$6
  - Cannoli - \$2
  - Chocolate Éclair - \$3
- **water, lemonade, sweet tea** – free
  - Coke, Diet Coke, Sprite - \$1
  - Beer (Miller Lite, Yuengling) - \$3
  - Wine - \$4

CHECKS ACCEPTED

(make check out to St. Francis de Sales Catholic Church)

All proceeds benefit the building fund

### American Heritage Girls Diaper Drive collection for Birthright

Our American Heritage Girls Troop 962 will be conducting a Diaper Drive for the Leesburg Birthright throughout Lent. There are collection boxes for your donations in the Narthex and in the Religious Education building. All items should be new.

Items needed are:

- + All size diapers,
- + baby wipes,
- + baby wash,
- + new onesies size 0-3,
- + diaper rash cream



### ADULT CONFIRMATIONS

There will be an adult Confirmation Mass at the Cathedral of St. Thomas More on Sunday, June 9 (Pentecost) at 2:30 pm. If you are a high school student or adult who has received catechetical instruction but not completed your sacramental initiation through the Sacrament of Confirmation then now might be the opportunity for you to do so. Contact [J.rees@saintfrancisparish.org](mailto:J.rees@saintfrancisparish.org) for more info.

### Light the World!

is a Summer Institute that takes place at The Catholic University of America. Rising Juniors and Seniors are invited to join us either June 23-29 or July 7-13 as we explore how our faith is lived within the fields and careers of Art, Science, Sport, Business, and Politics. Visit [lighttheworldcu.org](http://lighttheworldcu.org) for more information and application materials.

## COME OUT FOR THE VIRGINIA MARCH FOR LIFE IN RICHMOND

Join our Pro Life Brothers and Sisters in Virginia to march against the egregious antipathy to Life shown by local Virginia delegates on Wednesday, April 3. Saint John the Apostle in Leesburg has around ten seats available on their bus for the day of the March. Their bus will be leaving from St. Johns at 8:20am. There will be a rally at 11am and will be followed by the March at noon. We expect to arrive back in Leesburg by 4pm.

Please contact Kelly Wakefield at [kewake@yahoo.com](mailto:kewake@yahoo.com) or 703-975-0070 if you would like to reserve a spot on the bus. First come, first serve. If you would like to drive yourself to the march, please visit [vacatholic.org](http://vacatholic.org) for information.

## Sign Up For the Diocesan E-Newsletter!

Receive special video messages from our bishop, learn about unique opportunities to get involved, and be the first to know the news about our Diocese – straight to your inbox. Sign up here: <http://bit.ly/>

## Post-Abortion Healing Retreat for Women

An Entering Canaan Day of Prayer & Healing for women who have experienced abortion will be held on **Saturday, April 6th**. Come begin your healing journey and experience God's hope and mercy. You are not alone. There is hope. There is healing. For more information and confidential registration, please contact Project Rachel Ministry at 888-456-HOPE (4673) or [info@helpafterabortion.org](mailto:info@helpafterabortion.org).

*"It was on the day of the March for life in 2016. I was home, watching the March and asking God why I was still unhappy? I had done years of therapy (not mentioning anything about that part of my past), gone to healing Masses, retreats, and even Unbound! I remember saying "what have I not done"? Then I remembered hearing of Project Rachel and not ever doing anything about it. I called a number and spoke with someone who encouraged me begin my healing journey that very day - and since that day, God has blessed me in so many ways..."*

Project Rachel  
Post Abortion Healing Ministry:  
888-456-HOPE or visit:  
[www.helpafterabortion.org](http://www.helpafterabortion.org).

Gabriel Project  
Pregnancy Assistance Ministry:  
866-444-3553 or  
[info@helpforpregnantwomen.org](mailto:info@helpforpregnantwomen.org)

## Ladies Auxiliary



### Ongoing Events:

- Monday, 4/1 - Business Meeting - Rosary in the Chapel at 7pm & Meeting at 7:30pm in the Parish Hall - come learn what the Ladies Auxiliary has planned for the upcoming months, Homeless Ministry will be a guest speaker to see how we can work together, join us and help the parish.
- Monday, 4/15 - NO SOCIAL GAME NIGHT - enjoy Holy Week!

In May, we'll be SEEKING NEW OFFICERS! All officers will need to be elected or re-elected in June. Think you can fill a role, be a leader at SFDS, participate in the parish community? Consider being an officer!

If you have questions, comments or concerns about any of the activities above, please e-mail us at [ladiesaux11136@gmail.com](mailto:ladiesaux11136@gmail.com).

## Journey through Lent with FORMED



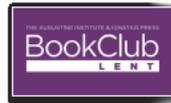
### Participate in the *Into the Desert* Video Study

Follow Jesus into the desert this Lent and discover intimacy with God in this 6-week video-based study with daily meditations in the participant's guide.



### Watch a Daily Lenten Reflection Video

Set yourself up for a transformative 40 days with Lenten reflection videos from Dr. Tim Gray. It takes less than 5 minutes a day!



### Relive the Most Important Week in History

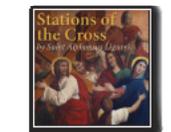
Join us for the first ever FORMED-wide book club as read and discuss Pope Emeritus Benedict's masterpiece, *Jesus of Nazareth: Holy Week*.



### Make Your Screen Time Spiritual

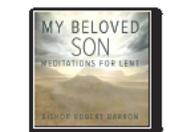
Watch programs that will strengthen your love for Jesus.

- ▶ The Shroud of Turin
- ▶ Convinced
- ▶ The Silent Witness
- ▶ Prayer: A Surge of the Heart



### Pray the Stations of the Cross

This beautiful meditation on the Stations of the Cross from Saint Alphonsus Liguori is accompanied by the chanting of *Stabat Mater*, a traditional Catholic hymn.



### Give Your Commute to Jesus

Listen to Lighthouse Talks that will draw you into Lent.

- ▶ My Beloved Son
- ▶ Love – Sacrifice – Trust
- ▶ The Passion of Christ
- ▶ Three Days That Changed the World
- ▶ The Fourth Cup
- ▶ Glimpses Along the Way of the Cross

To find this and more, register for free at [sdfs.formed.org](http://sdfs.formed.org)

FORMED

## St. Francis Council 11136 news

**Next Council Meeting:** Our next council business meeting will be on Monday, April 8th, at 7:30 pm. We will pray our Rosary in the chapel beginning at 7:00 pm. Any parishioner is welcomed to join our Rosary!



**Knights of Columbus Pancake Breakfast:** Sunday, April 7th, the Knights of Columbus will have their first Sunday of the Month Pancake Breakfast. The breakfast will begin after the 7am mass and run through the end of the 10:30 am mass. As before, the Knights accept free-will donations.

**Have You Ever Considered Becoming a Knight and Helping Others in Your Parish and Community?** Find out how you can be a part of the largest Catholic men's organization in the world. With nearly 2 million members and growing, discover how the Knights can support you, your family, your faith and your community. Contact GK Tracy Beglau or Chancellor Scott Grimard ([scottgrim86@gmail.com](mailto:scottgrim86@gmail.com)), or look for any man wearing a Knights of Columbus name badge. The needs are many, but the laborers are few.

May God bless you!

Tracy Beglau, Grand Knight  
St. Francis Council #11136  
[knightsofcolumbusfrancis11136@gmail.com](mailto:knightsofcolumbusfrancis11136@gmail.com)

**COLLEGE SCHOLARSHIP** The Associates of St. John Bosco, Inc., is pleased to announce our \$3,000 (x3) and \$4,000 (x1) scholarships for the academic year 2019-2020 to be awarded to college students pursuing a course of study that will ultimately lead to rendering a service to the Church in their adult years. The scholarships will be granted to a Roman Catholic student with a permanent residence within the Catholic Diocese of Arlington who seek to give back to the Church through service in their adult years. The criteria of the scholarship, submission requirements, and application can be found on our website at [www.asjb.org](http://www.asjb.org). Deadline is May 1, 2019.

### **Catholic Scouting Campout April 5-7**

Enjoy the inaugural Catholic scouting Campout April 5-7, in Haymarket! Join Bishop Burbidge for Mass, take part in scouting and religious activities, and camp with your family or scouting unit. All American Heritage Girls, Boy Scouts/Cub Scouts, Girl Scouts, Trail Life and others are welcomed, regardless of which unit you belong to. Visit [www.arlingtondiocese.org/Youth-Ministry/Catholic-Scouting/](http://www.arlingtondiocese.org/Youth-Ministry/Catholic-Scouting/) or email [scouting@arlingtondiocese.org](mailto:scouting@arlingtondiocese.org) for more information.

### **COUNSELING OFFERED AT SFDS**

Jennifer Barry, LCSW from Catholic Charities' Family Services will take appointments offering Individual, Family or Couples Counseling on Wednesdays at St. Francis de Sales. Jennifer is a licensed clinical social worker who received her Master of Social Work (MSW) from the Catholic University of America. If you would like to schedule an appointment with her, please contact Family Services at 703-425-0109. Initial consultations are available without charge at both St. Francis on Wednesdays and St. Theresa in Ashburn on Thursdays. If you are interested in scheduling a consultation with Jennifer, please contact her at 703-772-4022.

## Parish Homeless Ministry



We are grateful for the huge outpouring of interest to join the Homeless Ministry last weekend. Our group is so passionate we wanted to share our works with everyone, and clearly many of you responded. So many new volunteers, of all ages, we welcome all of you to our Gardening Angels, Soup Kitchen, Blessing Bags projects. There are many ways to do a small part that makes a really big difference. Maybe you want to serve at the Soup Kitchen, but Anacostia is unfamiliar to you, we carpool! Just let us know you want a ride, we can meet you in the parking lot the morning of (it's only once a month). Maybe you want to just send us salad dressings, or coffee, if you like to cook for others you could make a (prebaked) meat/pasta casserole. If you want to bake at your home with your children, we ask for rolls, muffins, cookies and brownies. For more details, go to [www.saintfrancisparish.org](http://www.saintfrancisparish.org), the Homeless Ministry, and click on the sign up genius. Or, email us! Next Soup Kitchen is Saturday, April 13.

Tracy Ippoliti - [Tracy.ippoliti@gmail.com](mailto:Tracy.ippoliti@gmail.com) 703-727-4125  
Mark Ippoliti - [Mark.ippoliti@gmail.com](mailto:Mark.ippoliti@gmail.com) 571-748-8584

### **Diocesan Resource Page on Recent Events**

**Available** The Catholic Diocese of Arlington website includes a resource page where parishioners can access information regarding the recent events affecting the Church. Read the policies on child protection and responses to the crisis from Bishop Burbidge and the United States Conference of Catholic Bishops at [www.arlingtondiocese.org/childprotection](http://www.arlingtondiocese.org/childprotection)



**Middle Schoolers Acting for Christ**  
**Prayer Action Charity**  
Sunday, April 7  
following 5pm Mass

*All Middle-Schoolers are automatically a part of our MAC-PAC and are always invited to join us for our fun events and service activities.*