



The Ten Commandments

Love God...

#1 *I am the Lord, your God. You shall have no other gods besides me.*

Think about God and talk to God often. Think first of what God wants when you make choices. Tell others about your faith. Try to put God first in your life.

#2 *You shall not take God's name in vain.*

Use God's name and Jesus' name only with love and respect. Do not use God's name in anger or make fun of any holy person, place, or thing.

#3 *Keep holy the Sabbath.*

Celebrate Sunday with the Eucharist, joy, thanksgiving, and rest.

Love Others...

#4 *Honor your father and mother.*

Obey and respect your parents and teachers. Be kind to all older people.

#5 *You shall not kill.*

Respect and care for all living things.

#6 *You shall not commit adultery.*

Respect your body and the bodies of others. Be modest in the way you dress and act.

#7 *You shall not steal.*

Do not take things from others. Do not cheat. Be fair to everyone.

#8 *You shall not lie.*

Be truthful in what you say and do.

#9 *You shall not covet your neighbor's wife.*

Remember that marriage is holy. Show respect for family life. Be faithful to those you love.

#10 *You shall not covet your neighbor's goods.*

Do not be jealous of what others have. Be a good sport and a good loser. Do not waste money on things you do not need. Help people to have what they need to live.