



Discipleship Hours Suggestions

Requirement: 20 hours to be completed in 7th and 8th grade.

Parish Suggestions:

- Adoration/Holy Hour
- Serving at Confirmation Pot-Luck Supper, Catechist Appreciation Supper
- Altar Serving
- Music Ministry
- Junior Women's Altar Society
- Ushering
- Pancake Breakfast (assist Knights of Columbus)
- Prepare food with High School Youth Group (8th grade only)
- Vacation Bible School
- Giving Tree Social Justice Committee
- Confirmation Receptions, donate food and serve

Community Suggestions:

- March for Life (January)
- Thanksgiving Together-Bethany Church(December)
- Mentoring or tutoring
- Relay for Life or any community Run/Walk for charity
- Library summer reading programs
- Blue Ridge Thrift Hospice
- Nursing home/assisted living facilities – Send cards and letters year round to a particular resident, etc
- Special Olympics
- Interfaith Relief
- Wreath Laying (December)
- Isadore Project – help with the garden

Home Suggestions:

- Baking or prepare a meal for those in need (candidate must do cooking)
- Shovel snow for neighbors or those in need

If you have any questions as to if a particular service is acceptable for discipleship hours, please contact the RE office. re@saintfrancisparish.org.