

Confirmation Saint Report Guidelines

Choosing Your Saint

You should look at the heroic lives of the saints of the Catholic Church to select one particular saint whose life will serve as a model and patron for you throughout life. Choose a saint that you can relate to and whose life inspires you to strive for holiness. Do not just choose a name you like.

It is important to think about developing a spiritual relationship with your saint, so you can ask him or her to pray for you, just like you would ask family or friends to pray for you. The saint you choose will be your Confirmation Patron Saint.

Resources to Use

There are many good books and websites with information about the saints. Wikipedia is not an acceptable source.

Acceptable **websites** include:

www.catholic.org/saints

www.ewtn.com/saintsHoly/

www.catholiceducationcenter.com (Resources/Liturgy and Devotions tab)

Acceptable **books** include:

Butler's Lives of the Saints

Our Sunday Visitor's Lives of the Saints

Saints are Not Sad by F.J. Sheed

Content Guidelines

Your saint report should answer the following questions:

1. When and where was your saint born? What was going on in the world during that time? (i.e. persecution, reformation, Middle Ages, etc.)
2. If the information is available, what was your saint like when he or she was your age?
3. What virtues does your saint possess?
4. What works or service is your saint known for? (i.e. missionary, teacher, doctor, etc.)
5. What is your Saint's Feast Day? (if they have one on the Liturgical Calendar)
6. How did your saint die?
7. Is your saint the patron of any group or cause?
8. Discuss any specific devotion that might be attributed to your saint.
9. Why did you choose this saint as your Confirmation patron?
10. What about your saint do you hope to imitate?

Further Details

Reports should be one- to two double-spaced typed pages with a 12-point font, not including pictures. The report must be written in your own words and not "cut and pasted".

There should be a cover page with the saint's name, the student's name, the catechist's name and the date submitted. Please also include a list of resources used. Please give the report to your catechist and/or the Religious Education Office, re@saintfrancisparish.org.